Fluoride was identified as an Endocrine Disruptor in 2006 (NRC) and a Developmental Neurotoxin in 2014 (Grandjean).

A major 12-year, U.S. Government funded study with pregnant mothers and their offspring reported in 2017 that exposure to certain levels of fluoride resulted in decreased IQs in their children. Fluoride levels were determined by testing the urine of pregnant mothers. Fluoride levels that reduced IQ in the study are approximately the same levels seen in adults who live in U.S. communities with fluoridated drinking water. Children in this study had their IQs tested twice, at age 4 and between 6-12 years of age. The average IQ loss was 5 to 6 points.

Fluoride is Neurotoxic

Over 59 studies have investigated the relationship between fluoride and human intelligence. Of these investigations, 52 of the 59 human studies have found that elevated fluoride exposure is associated with reduced IQ. These human studies, which are based on IQ tests of over 12,000 children, provide compelling evidence that fluoride exposure during the early years of life can damage a child’s developing brain.

Fluoride Action Network (FAN) is a non-profit dedicated to protecting public health by reducing involuntary exposures to fluoride. FAN is achieving these goals by educating the public, decision makers, and the media. FAN is supporting volunteers in communities affected by fluoridation and is holding government health and regulatory agencies accountable. FAN is committed to the principles of environmental justice and the precautionary principle.

Fluoride Action Network

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