



Fluoride exposure during pregnancy and lactation triggers oxidative stress and molecular changes in hippocampus of offspring rats

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ABSTRACT

Long-term exposure to high concentrations of fluoride (F) can damage mineralized and soft tissues such as bones, liver, kidney, intestine, and nervous system of adult rats. The high permeability of the blood–brain barrier and placenta to F during pregnancy and lactation may be critical to neurological development. Therefore, this study aimed to investigate the effects of F exposure during pregnancy and lactation on molecular processes and oxidative biochemistry of offspring rats' hippocampus. Pregnant Wistar rats were randomly assigned into 3 groups in accordance with the drinking water received: G1 – deionized water (control); G2 – 10 mg/L of F and G3 – 50 mg/L of F. The exposure to fluoridated water began on the first day of pregnancy and lasted until the 21st day of breastfeeding (when the offspring rats were weaned). Blood plasma samples of the offspring rats were collected to determine F levels. Hippocampi samples were collected for oxidative biochemistry analyses through antioxidant capacity against peroxyl (ACAP), lipid peroxidation (LPO), and nitrite (NO₂⁻) levels. Also, brain-derived neurotrophic factor (BDNF) gene expression (RT-qPCR) and proteomic profile analyses were performed. The results showed that exposure to both F concentrations during pregnancy and lactation increased the F bioavailability, triggered redox imbalance featured by a decrease of ACAP, increase of LPO and NO₂⁻ levels, BDNF overexpression and changes in the hippocampus proteome. These findings raise novel questions regarding potential repercussions on the hippocampus structure and functioning in the different cognitive domains.

1. Introduction

Humans can be exposed to fluoride (F) through water, air, fish, vitamin supplements, agrochemicals (organofluorides), and some dental products (Buzalaf et al., 2011; Dhar and Bhatnagar, 2009; Hagmann, 2008; Varner et al., 1998). Although this semi-essential mineral element plays a key role in preventing tooth caries, the excessive exposure to F has been associated with adverse reactions such as fluorosis (Miranda et al., 2018; Shenoy et al., 2019), which is considered an endemic public health problem in several nations and can also affect bones and soft tissues such as the brain, liver, kidney, gonads, and spinal cord (Ozsvath

and Bio/Technology, 2009).

Epidemiological studies in some areas with endemic fluorosis have found an inverse relationship between children's intelligence quotient and F levels (Karimzade et al., 2014; Trivedi et al., 2012). Similarly, a meta-analysis has indicated a strong association between dental fluorosis and low IQ in Chinese children (Tang et al., 2008), while other studies carried out in India also showed IQ deficits in children with dental fluorosis (Saxena et al., 2012; Shivaprakash et al., 2011). However, there are no evidences that artificial fluoridation of water in ideal concentration may cause any other systemic effects (Cury et al., 2019).

Recent animal studies have evidenced that F can cross the

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blood–brain barrier and modify neural circuits of several areas such as the cerebellum, motor cortex, and hippocampus (Dec et al., 2017, 2019), triggering functional deficits in learning and memory and anxiety–depression behaviors (Jiang et al., 2014a; Li et al., 2019; Liu et al., 2014; Zhu et al., 2017). The hippocampus integrates the projections of other structures, such as the entorhinal, perirhinal, and parahippocampal cortices (Squire, 1992) and plays important roles in the formation of spatial, visual, and recognition memories (Barker and Warburton, 2015; Broadbent et al., 2004; Clark et al., 2000). Moreover, it is one of the central nervous system (CNS) structures most affected by F intoxication (Zhang et al., 1999). In addition, previous studies have pointed that fluorosis can modify the synaptic structure of the hippocampus (Niu et al., 2018; Qian et al., 2013) and may influence the transmission of neural information (Shivarajashankara et al., 2002).

Alterations in the CNS are more accentuated up to 6th month of pregnancy due to the incomplete development of blood–brain barrier that allows the passage of F and consequent damage to the brain structures (Kinawy and Research, 2019). In comparison to the mature brain, F exposure increases the vulnerability of the developing nervous system to permanent injuries caused by toxic substances due to the immature defense mechanisms (Grandjean and Landrigan, 2006).

In this way, from a translational perspective, the exposure to F in this development period has been pointed as capable of triggering neuro-behavioral changes in children such as attention deficit hyperactivity disorder (Bashash et al., 2018). However, there are no evidences that premature exposure to F during pregnancy and lactation causes molecular damages.

Therefore, this study aimed to investigate the effects of the exposure to F during pregnancy and lactation of rats on molecular, biochemical,

and proteomic parameters. The null hypothesis tested was that F exposure during these periods does not have a significant influence on the oxidative biochemistry, proteomic profile modulation, and cellular function of offspring rats' hippocampus.

2. Material and methods

2.1. Animals and treatment

The experimental protocol (register 2718220318) was approved by the Ethics Committee for Animal Experiments of Federal University of Pará, Brazil, according to NIH Guide for the Care and Use of Laboratory Animals recommendations.

A total of six female Wistar rats (150 ± 200 g) with 90-day old and pregnant, were randomly divided into three groups: control (0 mg/L), 10 mg/L and 50 mg/L of F. The concentrations 10 mg/L and 50 mg/L of F are equivalent to the consumption of artificially fluoridated water and in fluorosis endemic regions, respectively, adapted to the rodent metabolism (Dunipace et al., 1995; Whitford, 2011). The confirmation of pregnancy was determined by vaginal tampon identification (G0). The animals were maintained with ad libitum access to food and water, controlled temperature and humidity, and with regular light/dark cycles (12 h, lights on at 6 a.m.). The control group received deionized water and the exposed groups received solution of deionized water with the corresponding concentrations of F (as NaF, Sigma Chemical - EUA), during 42 days (21 days of pregnancy and 21 days of lactation). After lactation period, the blood and hippocampus samples were collected from the offspring (21-day old). The study design is shown in Fig. 1.

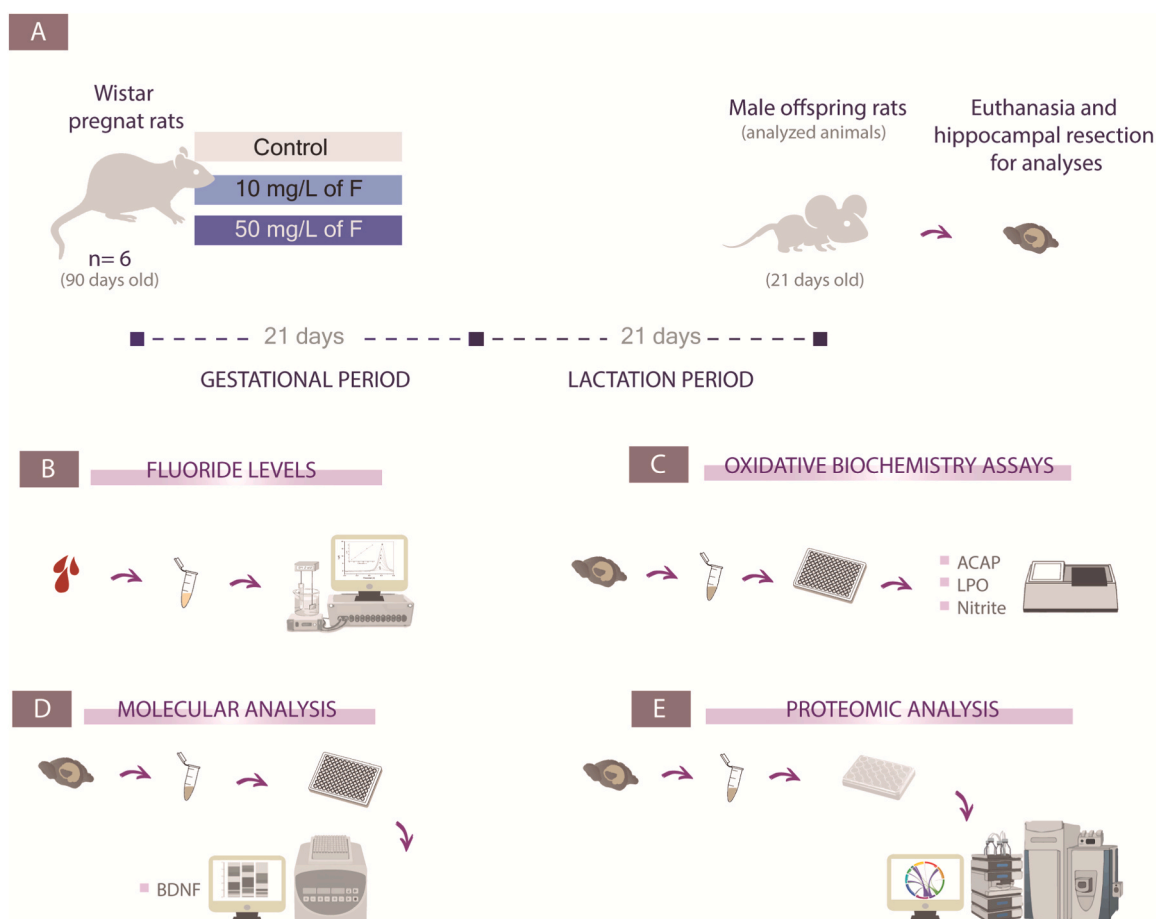


Fig. 1. Study design. (A) Exposure protocol followed by samples collection for: (B) Determination of plasma fluoride levels; (C) Oxidative biochemistry; (D) Molecular analysis; and (E) proteomic analysis.

2.2. Sample preparation

The blood samples were collected in heparinized tubes and centrifuged at 696 g for 10 min and then, the plasma of each sample was stored in microtubes until F analysis. The hippocampi were collected, stored in microtubes and immediately frozen in liquid nitrogen, and later stored at -80°C for further analyses.

2.3. Fluoride concentration in plasma

This analysis was proceeded as described elsewhere (Taves, 1968; Whitford, 2011) and was performed in order to validate our exposure model. For this analysis, we used a specific ion F electrode (Orion Research, Model 9409) and a miniature calomel electrode (Accumet #13-620-79), both coupled to a potentiometer (Orion Research, Modelo EA 940). The plasma was prediffused to remove CO_2 . The F concentrations in plasma were determined after acid-hexamethyldisiloxane (HMDS)-facilitated microdiffusion. F standards (0.0048 - 0.19 μg F) were prepared in triplicate and diffused similarly as the samples. Non-diffused standards were prepared with the same concentrations as the diffused standards. The millivoltage (mV) readings were converted into μg F using Excel (Microsoft). The coefficient adopted to standard curve was $r \geq 0.99$. The comparison of the mV readings showed a complete extraction of fluoride (recovery higher than 95%). The F concentration was expressed in $\mu\text{g}/\text{mL}$.

2.4. Hippocampal oxidative biochemistry analyses

Initially, each sample was sonically homogenized with Tris-HCl buffer (pH 7.4, 29 mM) and divided into different aliquots (correspondent to each assay described below) and stored at -80°C . The homogenized samples were centrifuged at 21.000 g for antioxidant capacity against peroxyl radicals and nitrite analyses and at 2.500 g for lipid peroxidation and total protein content determination assays, using only the supernatant for each analysis.

2.4.1. Antioxidant capacity against peroxyl radicals (ACAP)

This analysis was performed according to the protocol described elsewhere (Amado et al., 2009). After defrosting the samples, 10 μL of supernatant from each sample were placed in six wells in a 96-well plate. The reaction buffer (127.5 μL) containing 30 mM HEPES (pH 7.2), 200 mM KCl and 1 mM MgCl_2 were added to the wells. In three of the six wells of each sample, 7.5 μL of 2,2'-azobis 2 methylpropionamide dihydrochloride (ABAP; 4 mM; Aldrich) were added to produce peroxyl radicals by thermal decomposition. In the other three wells, the same volume of water was pipetted. Subsequently, the microplate was placed in a microplate reader fluorimeter (Victor2, Perkin Elmer) at 35°C . After the first reading, 10 μL of 2',7'-dichlorofluorescein diacetate (H 2 DCF-DA) in a concentration of 40 nM were added and then monitored for 60 min with consecutive readings every 5 min. The relative difference between the area with ABAP and the area without ABAP was considered as a measure of ACAP, so when the difference is high, it means low ACAP, since high fluorescence levels were obtained after the addition of ABAP, which means low competence to neutralize peroxyl radicals. The results were expressed as inverse of the relative area and then converted into percentage of control.

2.4.2. Levels of lipid peroxidation (LPO)

The LPO levels were determined by measuring the malonaldehyde (MDA) levels according to Esterbauer and Cheeseman (1990). In a 96-wells microplate, 20 μL of supernatant from each sample or standard concentrations of MDA were incubated with a solution containing methanesulfonic acid and N-methyl-phenyl indole (10.3 mM in acetonitrile) diluted in methanol (1:3) for 40 min at 45°C . The absorbance was measured at 570 nm and compared to standard curve of MDA. The data were corrected by quantification of total proteins based on

Bradford's method (Bradford, 1976) and then expressed in nmol/ μg of protein and then converted into percentage of control.

2.4.3. Analysis of nitrite levels

This assay was carried out according to the study by Green et al., (1982). The concentration of nitrites was determined based on the reaction with the Griess reagent (Nafty-ethylene-diamine 0.1% and Sulfanilamide 1% in phosphoric acid 5% - 1:1). For this, 50 μL of the supernatant or standard nitrite solutions were added to 50 μL of the Griess reagent and incubated for 20 min in room temperature. The absorbances were read at 550 nm, the results were corrected by Bradford's method (Bradford, 1976), expressed in $\mu\text{mol}/\mu\text{g}$ of protein and then converted into percentage of control.

2.5. RT-qPCR expression analysis

2.5.1. mRNA purification

After collection, the right hemisphere of each hippocampus was immersed in a microtube containing stabilizing reagent (RNeasy®) for later quantitative RT-qPCR technique in real-time. The extraction of the total mRNA from the samples was performed by SV total RNA isolation system kit (Promega®) according to the manufacturer's recommendations. The total RNA extracted was quantified by a Nanodrop spectrophotometer (ND-1000). The quality standards were determined by the ratio of 260/280 nm readings and the integrity parameters were performed according to the TapeStation software, in which the RIN values of each sample were considered.

Gene expression after fluoride exposure was validated using real-time quantitative RT-qPCR analysis. mRNA of each sample was used for reverse transcription through GoScript Reverse Transcription System kit (Promega®). Briefly, 100 ng of mRNA were added in 0.5 μg /reaction of Random Primer and incubated in 70°C for 5 min. Then, 15 μL of reverse transcription master mix (GoScript buffer, MgCl_2 , dNTP, ribonuclease inhibitor and reverse transcriptase) were added in a solution with mRNA and primer and incubated according to the following set up 5 min at 25°C for annealing, 1 h at 42°C for extension and 15 min at 70°C for reverse transcriptase inactivation. RT-qPCR analysis was performed with GoTaq probe qPCR Master Mix kit (Promega®). One microliter of each cDNA sample was added in 19 μL qPCR Master Mix plus with 1 μL of the Taqman probe (ThermoFisher, USA) Brain-derived neurotrophic factor (BDNF; *Rn02531967.s1*; Forward TCATACCTCGGTTGCATGAAGG-Reverse AGACCTCTCGAACCTGCC) and Beta-actin (ACTB; *Rn00667869.m1*; Forward ATCTGGCACCACACCTTC-Reverse AGCCAGGTCCAGACGCA).

The analysis was carried out on the Bio-Rad CFX96 Real-Time PCR detection system. All reactions were performed in triplicate in 96-well PCR plate. Gene expression was normalized according to MIQE guideline (Bustin et al., 2009) and the relative gene expression was calculated according to the $2^{-\Delta\Delta\text{Ct}}$ formula (Livak and Schmittgen, 2001). Data were evaluated in the CFX Maestro program and considered when $p < 0.05$.

2.6. Proteomic analysis

2.6.1. Protein extraction

The proteomic analysis was performed according to the protocol previously described elsewhere (Bittencourt et al., 2019; Corrêa et al., 2020; Dionizio et al., 2018). For this, two samples from each group were pooled and analyses were carried out in triplicate. The samples were homogenized in a buffer solution for the extraction of soluble proteins with lysis buffer [7 M urea, 2 M thiourea, diluted in AMBIC; BioRad, USA] under constant stirring at 4°C . Subsequently, the samples were centrifuged for 30 min at 20.817 g at 4°C to collect the supernatant for total protein quantification by Bradford's method. In the next step, a total of 50 μg of protein were collected and the volume was filled with ammonium bicarbonate (AMBIC, 50 mM) up to 50 μL (1 μg μL^{-1}). After

that, each sample was incubated with 10 μL of 50 mM AMBIC and 25 μL of 0.2% RapiGest™ (Waters Co., Manchester, UK) at 37 °C for 30 min. Then, 2.5 μL of 100 mM dithiothreitol were added and incubated at 37 °C for 60 min, immediately 2.5 μL of 300 mM iodoacetamide (Bio-Rad, USA) were added and incubated for 30 min at room temperature and in dark. To perform the protein digestion, 10 μL of trypsin (Thermo Fisher, USA) were added for 14 h at 37 °C, after that, 10 μL of 5% trifluoroacetic acid (Sigma-Aldrich, USA) were added and incubated for 90 min at 37 °C. At the end of the process, the samples were purified using C18 spin columns (Thermo Fisher, USA), concentrated until an approximate volume of 1 μL and resuspended in 12 μL of ADH (1 pmol μL^{-1}) + 108 μL of 3% acetonitrile (Sigma-Aldrich, USA) and 0.1% formic acid (Thermo Fischer, USA).

2.6.2. Mass spectrometry analysis

The reading and identification of the peptides were performed using a nanoAcquity UPLC-Xevo QToF MS system (Waters, Manchester, UK), using the Protein Lynx Global Server (PLGS), as previously described by Lima Leite et al. (2014). For data analysis, we used the PLGS software with the Monte-Carlo algorithm to obtain the difference of protein expression between the groups, considering $p < 0.05$ for down-regulated proteins and $1-p > 0.95$ for up-regulated proteins. The identification of proteins was determined by downloading Uniprot databases. After that, the bioinformatics analyses were performed using Cytoscape 3.6 (Javas) with the ClueGO plugin for determination of biological process groups, based on Gene Ontology annotations (Bindea et al., 2009).

2.6.3. Overrepresentation analysis (ORA)

Firstly, a table was built containing the information with the accession ID of the proteins and their respective log2Ratio values. For proteins with absolute changes, a value of -1 was adopted when present only in the control group and 1 when present in the exposed group. For the ORA analysis, the R studio program was used (Team, 2013) with EGSEA package (Alhamdoosh et al., 2017). In this step, the UNIPROT and Bader Lab database were consulted for the identification of proteins and their biological processes. Then, we used the Cytoscape software with Enrichment Pipeline plugin to create clusters of proteins previously consulted for graphic analysis (Shannon et al., 2003).

Subsequently, a protein-protein-interaction (PPI) analysis (<https://www.networkanalyst.ca/>) (Xia et al., 2014) was performed to construct the representative image, according to the number of interactions of the proteins with a minimum of 10 interactions, resulting in 81 proteins. The circus plot image was generated by the R studio program with the GOplot plugin.

2.7. Statistical analyses

The results were analyzed by GraphPad Prism 7.0 software (GraphPad Software Inc., La Jolla, USA) and for calculating the standard data distribution, the normality Shapiro-Wilk test was performed and the normal data were analyzed by one-way ANOVA followed by Tukey's test. The significance level adopted was $p < 0.05$.

Data were expressed as mean \pm standard error of the mean (SEM) for each fluoride levels and percentage of the control mean \pm SEM for oxidative biochemistry assays.

3. Results

3.1. The F Exposure during pregnancy and lactation periods increases F levels in the plasma of the offspring

The exposure increased F levels in the plasma of offspring in groups exposed to 10 mg/L ($0.03 \pm 0.002 \mu\text{g/mL}$) and 50 mg/L ($0.045 \pm 0.005 \mu\text{g/mL}$), when compared to control group ($0.01 \pm 0.009 \mu\text{g/mL}$) ($p = 0.003$) (Fig. 2).

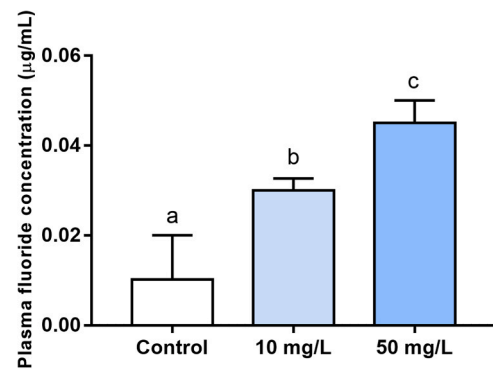


Fig. 2. Fluoride (F) levels ($\mu\text{g/mL}$) in the rats offspring' blood plasma after 42 days of exposure in pregnant and lactation period. Results are expressed as mean \pm SEM. One-way ANOVA and Tukey's post hoc test, $p < 0.05$. Similar overwritten letters represent non-significant statistical differences.

3.2. The F exposure triggered oxidative stress by reducing the antioxidant capacity and increasing nitrite and LPO levels

The oxidative biochemistry analyses showed that the F caused a decrease of ACAP in 10 mg/L group ($74.74 \pm 7.46\%$) ($p = 0.01$) and in 50 mg/L group ($46.88 \pm 2.37\%$) when compared with control group [$100 \pm 6.63\%$, $F(2, 15) = 20.11$, $p < 0.0001$].

The oxidative parameters showed an increase in MDA levels, in both exposed groups, (10 mg/L ($13.9 \pm 1.54\%$) and in 50 mg/L ($29.3 \pm 1.53\%$) when compared to the control group [$100 \pm 0.038\%$, $F(2, 20) = 120.7$, $p < 0.0001$], and increase nitrite levels in 10 mg/L group ($730.1 \pm 23.31\%$) and 50 mg/L group ($1041 \pm 14.28\%$) in comparison to the control group [$100 \pm 14.13\%$, $F(2, 19) = 611$, $p < 0.0001$] (Fig. 3).

3.3. The F exposure increased BDNF expression in offsprings' hippocampus

Detailed mRNA analysis of whole hippocampus revealed that there was an increase BDNF expression in both groups exposed when compared with control group ($p < 0.05$) (Fig. 4).

3.4. The F modulated significantly the hippocampal proteome of rats exposed from intrauterine to lactation periods

The hippocampal proteome analysis of rats exposed to 10 mg/L revealed 255 proteins uniquely expressed in control group (see supplementary table 1) and 16 uniquely in exposed group 10 mg/L (see supplementary table 2). While the proteome of 50 mg/L exposed group, showed 115 proteins that were only expressed in the control group (see supplementary table 3) and 55 only expressed in the exposed group 50 mg/L (see supplementary table 4).

Also, 10 mg/L down-regulated 108 proteins (see supplementary table 5) and no protein was up-regulated. In the other hand, 50 mg/L up-regulated 2 proteins and down-regulated 212 proteins, in comparison to control group (see supplementary table 6).

In group 10 mg/L of F that simulated consumption of artificially fluoridated water, were identified changes in proteins associated to axogenesis (23.4%), positive regulation of neuron projection development (19.1%), glycolytic process (9.9%) and regulation of calcium ion transport into cytosol (6.4%) (Fig. 5).

In the group of higher concentration, 50 mg/L of F, the most modified proteins were involved in morphogenesis of neuronal projection processes (18.1%), regulation of neuron projection development (15.1%), axogenesis (12%), glycolytic process (6.4%) and regulation positive of ERK 1 and 2 cascade (4.7%) (Fig. 6).

Based on the analysis of the proteomic profile, we compiled the data

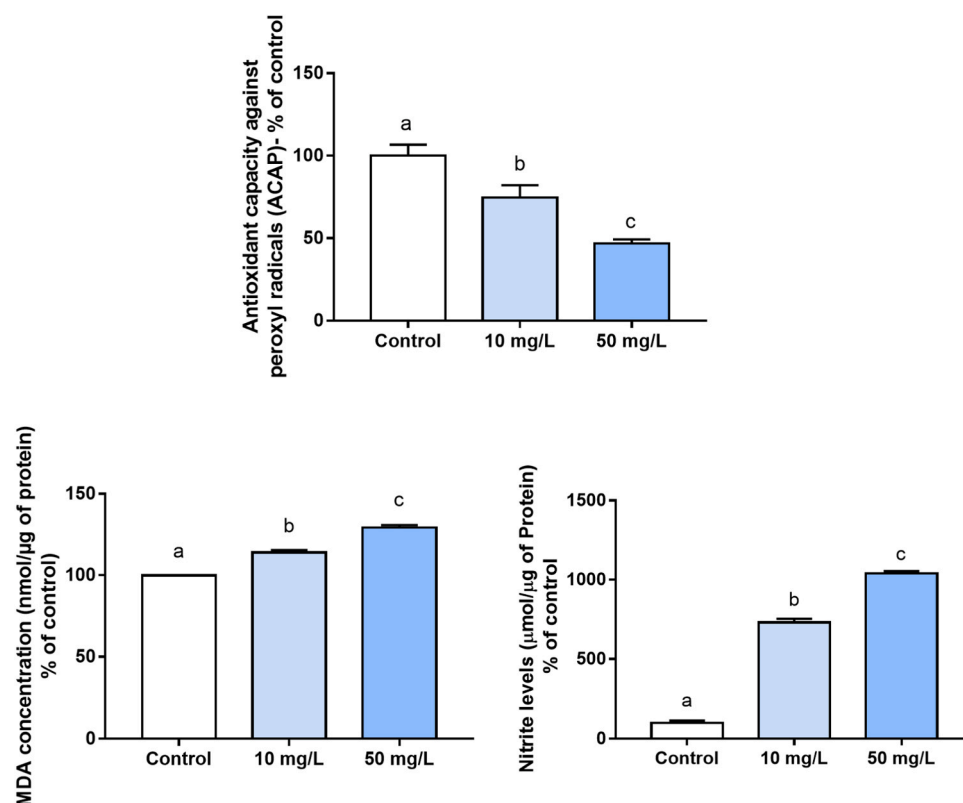


Fig. 3. Oxidative biochemistry profile in the rats offspring after 42 days of exposure to fluoride (F) in pregnant and lactation period. (A) Antioxidant capacity against peroxyl radicals (ACAP), (B) malondialdehyde (MDA) levels and (C) nitrite levels. Results are expressed as percentage of control (mean \pm SEM). One-way ANOVA and Tukey's post hoc test, $p < 0.05$. Similar overwritten letters did not show significant statistical differences.

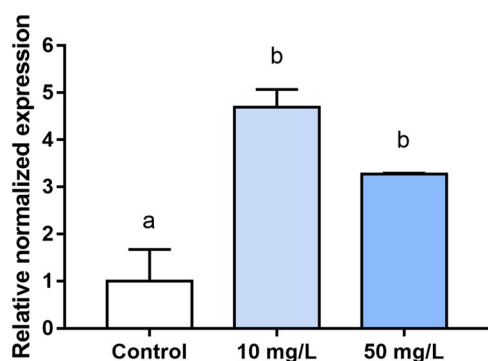


Fig. 4. Relative normalized expression in the BDNF after 42 days of exposure to fluoride (F) in pregnant and lactation period offspring's hippocampus. The BDNF was quantified in triplicate, according to the expression related to the constitutive gene β -actin. Results are expressed as mean \pm SEM. One-way ANOVA and Tukey's post hoc test, $p < 0.05$. Similar overwritten letters did not show significant statistical differences.

to evaluate the protein-protein interaction, unique and with differing expression, of the exposed groups (10 mg/L vs 50 mg/L of F) and the functions that could be related, with the tool circo plot. Thus, it is possible to observe the interactions that each protein presented in each exposed group between proteins sub or super represented, as well as the absent proteins to each exposed group (Fig. 7).

4. Discussion

This study showed the unprecedented hippocampal proteomic profile of offspring rats exposed to F during their intrauterine life up to the

end of lactation. The findings revealed several biological processes associated with glycolytic pathways, neuronal development, cellular signaling, and communication. Moreover, the increased bioavailability of F in plasma leads to an increase of BDNF expression and prooxidant parameters levels such as MDA and nitrites, which decreases the antioxidant capacity.

The changes caused by excessive F intake by adult rats have already been well established in the literature (Lima Leite et al., 2014; Miranda et al., 2018). It is known that F can cross the placental barrier and also is excreted in breast milk (Katz and Stookey, 1973; Toyama et al., 2001). Therefore, this study aimed to investigate the effects of F exposure during the intrauterine life and lactation of Wistar offspring rats. The data revealed higher F plasma levels in offspring rats exposed to fluoridated water in comparison to non-exposed offspring rats, which validates this study design. The concentrations of 10 mg/L and 50 mg/L were used to mimic F plasma levels observed in humans who drink fluoridated water (1–2 mg/L of F) and found in areas with endemic fluorosis (5–10 mg/L of F), which represents an excellent model to understand the effects caused by fluoride exposure (Dionizio et al., 2018; Dunipace et al., 1995; Miranda et al., 2018; Whitford, 2011).

Once ingested, F binds to hydrogen (H^+) present in the gastric fluid to form hydrofluoric acid that can cross cell membranes; thus, the F concentration in the tissues is pH-dependent (the lower the pH value, the higher the fluoride concentration). From plasma, F is distributed to all tissues, including the CNS since some epidemiological studies had already pointed the F as a neurotoxic substance (Buzalaf et al., 2011).

Several studies have shown that F levels may be associated with oxidative stress triggering. This research group recently showed that the same F concentrations modified the redox balance in the peripheral blood circulation of adult animals (Miranda et al., 2018). We believe that the oxidative balance of the CNS could be broken at an early age, featured by the decrease of antioxidant capacity and increase of MDA

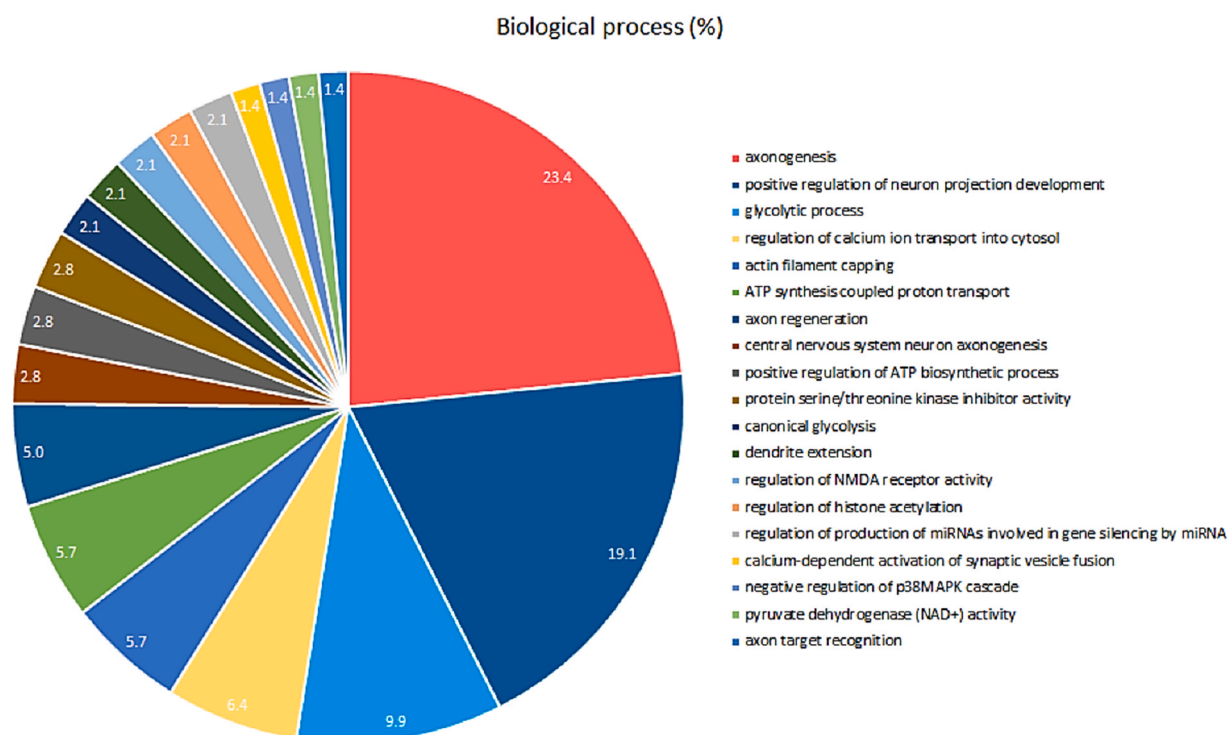


Fig. 5. Distribution of proteins identified with differential expression in the hippocampus of offspring exposed to fluoride (F) (10 mg/L of F) compared with control group. Proteins classified by biological processes based on Gene ontology, with the help of the ClueGo® plugin for Cytoscape® 3.6 software. Adopted the significant terms (kappa score = 0.4) and distribution according to the percentage of the number of genes. The access numbers to the proteins were obtained by UNIPROT.

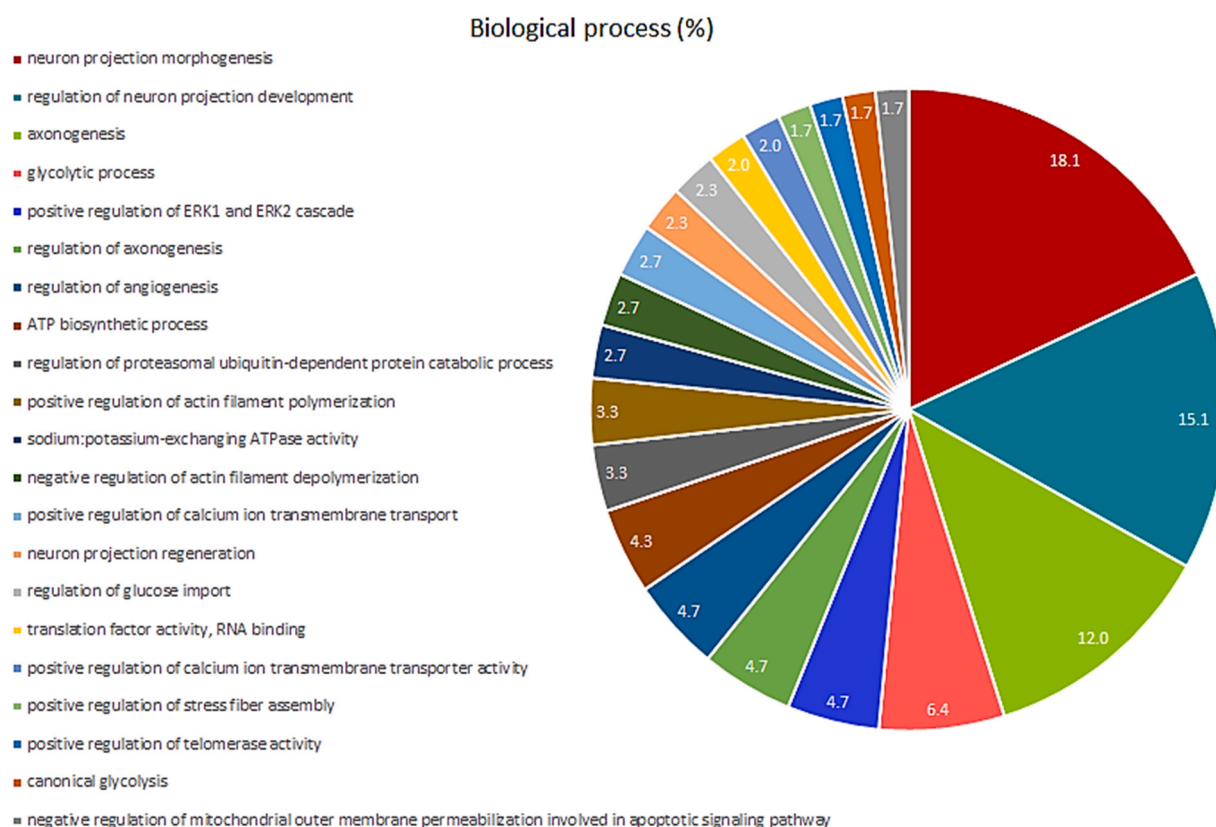


Fig. 6. Distribution of proteins identified with differential expression in the hippocampus of offspring exposed to fluoride (F) (50 mg/L of F) compared with control group. Proteins classified by biological processes based on Gene ontology, with the help of the ClueGo® plugin for Cytoscape® 3.6 software. Adopted the significant terms (kappa score = 0.4) and distribution according to the percentage of the number of genes. The access numbers to the proteins were obtained by UNIPROT.

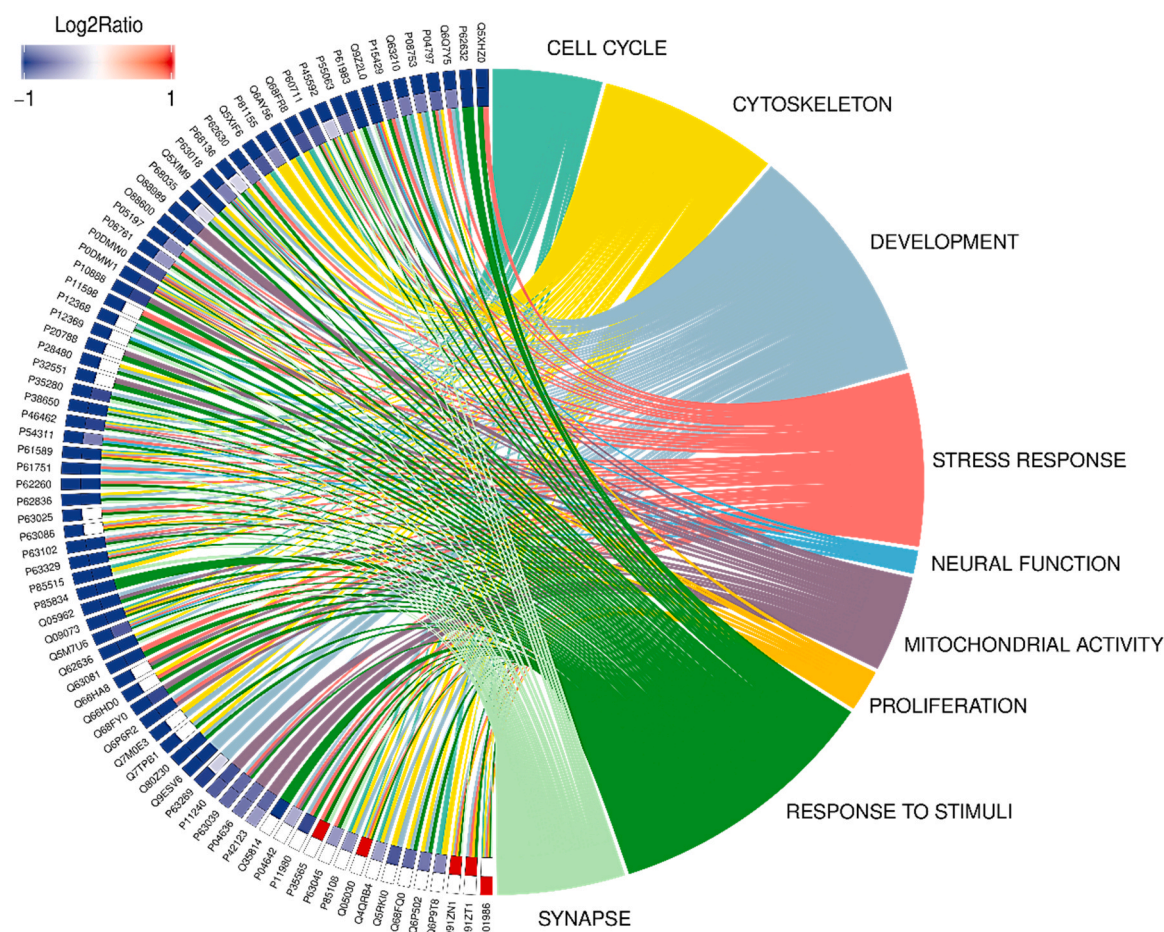


Fig. 7. Circos plot of protein–protein interaction (PPI) in the offspring's hippocampus exposed to 10 mg/L and 50 mg/L of F when compared to the control group in categories cell cycle (turquoise), cytoskeleton (yellow), development (light blue), stress response (pink), neural function (blue), mitochondrial activity (purple), proliferation (gold), response to stimuli (green) and synapse (palegreen). Blue-scale proteins are down-regulated and red up-regulated in the exposed group when compared to the control group. (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article.)

and nitrites levels. In comparison to the mature brain, F exposure increases the vulnerability of the developing nervous system to lesions caused by toxic substances, which can become permanent damage (Grandjean and Landrigan, 2006). This mechanism of toxicity consists of a cellular oxidative imbalance with increased levels of prooxidant compounds in comparison to antioxidant compounds (Lu, 2009); thus, several metabolic changes including the oxidation of proteins, enzymes, lipids, DNA and RNA molecules are observed (Schafer et al., 2001). Due to the high oxygen demand of the CNS, ROS levels are physiologically higher than antioxidant defenses and the hippocampus is more susceptible to damage (Hogg and Kalyanaraman, 1999). Considering that the oxidative balance can be modified through enzymatic or non-enzymatic pathways, this study investigated whether the F concentrations could influence any level of the oxidative balance of offspring rats.

Therefore, the influence of F on LPO, antioxidant capacity and nitrite levels in the hippocampal region was evaluated. In comparison to control, the exposed groups showed an increase of MDA levels that indicates LPO. This is a characteristic event of oxidative stress due to the oxidation of cellular lipid membranes, which can even result in cell death (Lu, 2009). Presumably, irreversible damage to the neuronal population was caused by cell death due to oxidative stress at both F concentrations (Schafer et al., 2001). Both F exposed groups presented high nitrite levels, which is an important marker of oxidative stress. Nitrite ions derived from the metabolism of nitric oxide (NO) are indirect markers of oxidative stress (Bains and Hall, 2012; Hogg and Kalyanaraman, 1999).

Some enzymatic antioxidant compounds play a role in the protection and maintenance of cellular redox reactions. These compounds are

composed of superoxide dismutase (SOD), catalase (CAT), and glutathione peroxidase (GPx) that neutralize and inhibit the production of ROS and RNS (Ratnam et al., 2006). However, the increase in ROS generation causes oxidative damage that eventually cannot be attenuated by the damaged antioxidant system (He et al., 2017). The excessive ROS generation results in an ineffective antioxidant system with limited influence on cellular redox balance (He et al., 2017). The results of this study revealed a reduction of the ACAP in both F exposed groups as a consequence of oxidative stress that causes physiological changes in several cellular enzymes and biochemical pathways responsible for homeostasis maintenance (Aragão et al., 2018).

In addition, the reduction of antioxidant defenses may lead to changes in hippocampal neurogenesis by increasing ROS (Rola et al., 2007). The hippocampus is known for the constant cellular renewal in the dentate gyrus region, in which neuronal progenitor cells proliferate and differentiate into astrocytes (Kuhn et al., 1996). Oxidative stress also results in the alteration of neuronal structure with impairment of cellular dendritic networks (Huang et al., 2015), which are responsible for maintaining several hippocampal synaptic connections and the functioning of learning-associated memory processes (Stuart and Spruston, 2015). The redox imbalance may change the shape and size of dendritic structures and impair excitatory synapses (Corniola et al., 2012; Fernandez-Fernandez et al., 2018). The association between SOD deficiency and a marked reduction in the thickness and density of granular and pyramidal dendritic cells was reported in an animal study (Zou et al., 2012).

Considering that F can cross the blood–brain barrier (Grandjean and

Landrigan, 2006), the level of this neurotoxic ion also modulates several CNS functions through redox imbalance including the expression of several neurotrophins such as the BDNF in the hippocampal region. This study showed that F exposure at both 10 mg/L and 50 mg/L during pregnancy and lactation increases BDNF expression. As previously mentioned, the redox imbalance is associated with BDNF overexpression since this neurotrophin may induce the phosphorylation of NADPH oxidase and trigger oxidative stress followed by cellular degeneration (Kim et al., 2002). Moreover, BDNF overexpression may be associated with increased synthesis by the endothelial vascular cells of the CNS during oxidative stress (Wang et al., 2006). Several studies reported an increased BDNF expression in the hippocampus as an attempt to neutralize the neurotoxic damage caused by F (Chen et al., 2018; Ma et al., 2015). However, this overexpression may also be associated with proinflammatory conditions featured by BDNF binding to the nuclear factor-kappa B (NF- κ B), which in turn is associated with cellular growth functions and the development of inflammatory processes that induce the expression of other pro-apoptotic genes (Mattson et al., 2006).

The redox imbalance caused by F also changed the modulation of heat shock proteins (HSP), which are markers of cellular oxidative stress and proteostasis (Niforou et al., 2014). The proteomic analysis showed that several HSP were down-regulated in both 10 mg/L and 50 mg/L groups, which suggests that the oxidative/nitrosative stress might be a mechanism of damage to the rats' hippocampus and a causal factor for the significant proteome imbalance. In addition to the redox imbalance, peroxiredoxin proteins 2 and 6 (P35704 and O35244, respectively) were found down-regulated in the 50 mg/L group. These proteins are responsible for reducing phospholipid hydroperoxides (Fisher, 2017) and participate in the antioxidant activity (Rhee, 2016).

There is consensus that mitochondria play a key role in energy metabolism and ROS (Hagmann, 2008). In this study, the proteomic analysis showed several cytochrome c (CytC) subunits exclusively expressed in the control group when compared to the 10 mg/L group (supplementary material) and down-regulation of subunits 1 (P10888), 2 (P00406), and 5A (P11240) in the 50 mg/L group. The CytC participates in the electron transport chain, apoptosome formation, and apoptosis progression (Hüttemann et al., 2011). Excessive ROS concentration is associated with mitochondrial membrane damages, which may lead to mitochondrial failure and energy impairment (Petrosillo et al., 2013). Thus considering the energy demand of the CNS, any mitochondrial impairment could result in functional deficits (Beal, 2005; Boveris and Navarro, 2008).

This research group recently showed that F impairs liver mitochondria function on a time and dose-dependent manner (Araujo et al., 2019) and the present proteomic analysis also indicated some effects of F exposure during pregnancy and lactation of offspring rats on energy metabolism-related proteins: down-regulation of ATP synthase subunits in both 10 mg/L (P15999, P10719) and 50 mg/L groups (P15999, P10719, P31399, Q06647); exclusive expression in the control group when compared to the 10 mg/L group (P19511, P31399, P35435, Q06647, P21571); proteins related to the metabolism of other molecules such as aspartate aminotransferase (P13221 and P00507, down-regulated in the 10 mg/L group), isocitrate dehydrogenase subunits (Q99NA5, P41565, only expressed in the control group in comparison to the 10 mg F/L group), Acetyl CoA acetyltransferase (P17764) and citrate synthase (Q8VHF5, down-regulated in the 50 mg/L group).

Failures in mitochondrial function are associated with the aging process and neurodegenerative diseases (Beal, 2005). This experimental model with offspring rats raises an important question since F triggered several oxidative/nitrosative and energetic imbalances that create an improper microenvironment for a developing CNS. Thus, the proteome of rats exposed to 10 mg/L and 50 mg/L showed deregulation of several synapse-related proteins. The lowest F concentration down-regulated the clathrin heavy chain 1 (P11442), Synapsin 1 (P09951) and 2 (Q63537), Synaptophysin (P07825) and Vesicle-fusing ATPase (Q9QUL6). The highest F concentration also down-regulated the

Clathrin coat assembly protein AP180 (Q05140, Q63537 and P07825) and the Excitatory amino acid transporter 2 (P31596).

The protein S100 β (P04631) is mainly involved in glial and neural progenitor differentiation and expansion in the early stages (Sorci et al., 2013). Although its pathway in astrocyte differentiation is not fully elucidated, some evidence indicates that the stimulation of RhoA/ROCK by Src/PI3K results in proliferation and inhibition of differentiation (Brozzi et al., 2009). Interestingly, this proteomic analysis revealed a down-regulation of S100 β in the 50 mg/L group and an exclusive expression in the 10 mg/L group. Also, the SRC kinase signaling inhibitor 1 (Q9QXY2) was expressed only in the control group in comparison to the 50 mg/L group, which suggests an imbalance in this pathway. The Glial fibrillary acidic protein (P47819), which is essential for astrocyte development and reactivity (Wilhelmsson et al., 2019), was found down-regulated in the 50 mg/L group and thus the null hypotheses that the higher F concentration does not lead to CNS impairments can be rejected.

The various results found in the proteomic profile were objectively categorized in accordance with their function in the over-representation analysis (ORA); thus, the down-regulated protein groups can be observed in the 10 mg/L and 50 mg/L groups. The proteins associated with oxidative stress (P11598), which participated in the redox homeostasis (Laurindo et al., 2012), were absent in the 50 mg/L group and down-regulated in the 10 mg/L group. Modulations of the cytochrome oxidase proteins (P11240 and P32551) that control the generation of free radicals in the mitochondria (Yu et al., 2018) and the HSP (Q66HD0 and Q7TPB1) involved in the process, transport, and folding of cellular proteins were observed (Bromfield and Nixon, 2013; Kubota et al., 1995). Changes in these protein groups may modulate multiple functions (protein folding, unfolding, and remodeling) related to the protection and stability of the proteome (Bukau et al., 2006).

The attempt to attenuate this degradation process was represented by the over-representation of the Calnexin protein (P35565) that maintains the quality of the proteins synthesized in the endoplasmic reticulum and retains incorrectly folded proteins. The PDGF-B protein (Q05030), which is linked to neuroprotection through detoxification of free radicals, was also found (Zheng et al., 2010). *In vitro* and *in vivo* studies indicated that PDGF-B has a neuroprotective effect against the oxidative stress generated by hydrogen peroxide (H₂O₂), prevents the neuronal death with the main pathways involved in the phosphoinositide-3-kinase (PI3-K/Akt) and the microtubule-associated proteins (MAPs) (Iihara et al., 1997; Pietz et al., 1996; Zheng et al., 2010). The cAMP-dependent protein kinase type II-beta was also absent in the 50 mg/L group. This protein participates in synaptic communication through the activation of protein kinases (P12369) and is also associated with long-term potentiation (LTP); thus, molecular changes associated with learning can be found in this F exposure period.

In this context, the vesicle-associated membrane protein 3 (P63025) that forms the SNARE complex (soluble NSF attachment receptor) was absent in the group with the highest F concentration (50 mg/L). This protein couples the synaptic vesicle membrane and participates in the regulation of the vesicular transport and the exocytosis in the presynaptic terminal to release neurotransmitters. The reduced activity of this protein changes the vesicular transport, impairs reactions in the synaptic cleft, decreases the release of neurotransmitters, and compromises the hippocampal functionality (Sinha et al., 2011). Therefore, one can suggest that high F concentrations (as in the 50 mg/L group) induced functional alterations in hippocampal neural cells that contributed to the reduction of synaptic transmissions and consequent cognitive dysfunction (Jiang et al., 2014b; Niu et al., 2009).

5. Conclusion

The exposure to F in the pregnancy and lactation period was able to promote oxidative biochemical imbalance in the offsprings' hippocampus, which in turn increased the level of expression of BDNF and

modulated the proteomic profile in the hippocampal region. Our study was able to show that exposure to F during pregnancy and lactation can already trigger several changes in the hippocampus of the offspring. Our results direct new questions regarding the possible repercussions on the hippocampal structure and its functioning in the different types of memories executed by this brain region.

Data availability

The data used to support the findings of this study are available from the corresponding author upon request.

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CRediT authorship contribution statement

Ferreira MKM: Investigation, Data curation, Writing - original draft. **Aragão WAB:** Investigation, Data curation, Writing - Original draft. **Bittencourt LO:** Investigation, Data curation, Writing - Original draft. **Puty BG:** Investigation, Software, Writing - review & editing. **Dionizio A:** Investigation, Software, Writing - review & editing. **de Souza MPC:** Investigation, Software. **Buzalaf MAR:** Investigation, Software, Writing - review & editing, Resources, Formal analysis. **de Oliveira EH:** Investigation, Software, Writing - review & editing; resources. **Lopez MEC:** Investigation, Writing - review & editing; data curation. **Lima RR:** Investigation, Writing - review & editing, Conceptualization, Supervision, Resources.

Declaration of Competing Interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

Appendix A. Supporting information

Supplementary data associated with this article can be found in the online version at doi:10.1016/j.ecoenv.2020.111437.

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