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9 UNITED STATES DISTRICT COURT
10 FOR THE NORTHERN DISTRICT OF CALIFORNIA
11 AT SAN FRANCISCO

12 _____)
13 FOOD & WATER WATCH, et al.,)

14 Plaintiffs,)

15 vs.)

16 U.S. ENVIRONMENTAL PROTECTION)
17 AGENCY, et al.)

18 Defendants.)
19)
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Civ. No. 17-CV-02162-EMC

**PLAINTIFFS' PROPOSED FINDINGS
OF FACT AND CONCLUSIONS OF
LAW**

Judge: Hon. Edward M. Chen
Date: Jan 7, 2017 (Pretrial Conference)
Time: 2:30 p.m.
Courtroom: 5 - 17th Floor

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1 Pursuant to the Court's Order, Plaintiffs hereby submit the following Proposed Findings of Fact
2 and Conclusions of Law.

3 **PROPOSED FINDINGS OF FACT**

4
5 **I. BACKGROUND**

6 **A. The Condition of Use: Water Fluoridation**

7
8 1. In the United States, approximately 200 million people drink water treated with fluoridation
9 chemicals.

10 2. Up until 2011, fluoridation chemicals were generally added to U.S. drinking water supplies
11 at a concentration of 1 mg/L. This concentration was increased to 1.2 mg/L in some colder, northern areas,
12 and decreased to 0.7 mg/L in some warmer, southern areas.

13 3. The fluoridation chemicals added to municipal drinking water supplies result in elevated
14 concentrations of fluoride in many processed beverages and foods. These products are not currently labeled
15 for their fluoride content in the U.S.

16
17 4. Due to concerns about increasing rates of dental fluorosis in U.S. children, the U.S. Centers
18 for Disease Control and Prevention (CDC), and other federal agencies, recommended that the
19 concentration of fluoride in water be reduced to 0.7 mg/L for all climate conditions. This recommendation
20 was finalized in 2015.

21 5. Although fluoridation of water is a widespread practice in the United States, it is not so in
22 Europe. Most European countries do not add fluoridation chemicals to their water, including Austria,
23 Belgium, Denmark, Finland, France, Germany, Iceland, Italy, Netherlands, Norway, Sweden, and
24 Switzerland, as well as most of Spain and the United Kingdom. In total, less than 3% of the European
25 population consumes water treated with fluoridation chemicals.
26
27
28

1 6. Worldwide, it is estimated that approximately 380 million people drink water treated with
2 fluoridation chemicals. More than half of these people reside in the United States.

3
4 **B. Current Fluoride Safety Standards**

5 7. The foundational epidemiological studies in the U.S. that helped to establish the current
6 safety standards for fluoride did not address the potential for fluoride to cause neurological effects,
7 including IQ loss. The primary focus of these early studies was, instead, on skeletal health.

8 8. Although largely overlooked, some of the early studies of occupationally exposed workers,
9 as well as some of the early studies of fluoride-exposed animals, reported central nervous system effects
10 from fluoride exposure. In a 1953 study of monkeys, Wadhvani and Ramasway reported that monkeys
11 with chronic fluorosis “did not conduct themselves with intelligence and agility of mind normally
12 associated with them. There was a significant lack of co-ordination in their behaviour.” These early
13 observations, some of which remained unpublished, were largely overlooked.

14
15 9. The first known study of fluoride and intelligence in humans was published in 1989 by Ren
16 and colleagues in China. A flurry of similar studies were published in China in the 1990s. Most of these
17 studies were published in Chinese, and they remained largely unknown outside of China until English
18 translations started to become available after 2006.

19
20 10. The current non-enforceable health-based limit for fluoride under the Safe Drinking Water
21 Act (“SDWA”), or Maximum Contaminant Level Goal (MCLG), of 4.0 mg/L was promulgated in 1985 to
22 protect against a condition known as crippling skeletal fluorosis (i.e., “stage III skeletal fluorosis”).
23 Crippling fluorosis is the final, and most severe, stage of skeletal fluorosis.

24
25 11. In a 2006 comprehensive review, the National Research Council (NRC) of the National
26 Academies of Science (NAS) recommended that the MCLG of 4 mg/L be lowered to prevent children from
27 developing severe dental fluorosis and reduce the lifetime accumulation of fluoride into bone that the
28

1 majority of the committee concluded is likely to put individuals at increased risk of bone fracture and
2 skeletal fluorosis.

3 12. Based on the NRC's recommendation, in 2010, EPA's Office of Water completed a dose-
4 response analysis using available data between 2000 and 2010 to calculate a reference dose ("RfD")—an
5 estimate of the fluoride dose protective against severe dental fluorosis, stage II skeletal fluorosis, and
6 increased risk of bone fractures—of 0.08 milligrams per kilograms per day (mg/kg/day), a measure of daily
7 intake by body weight.

8 13. Today, in determining whether adding fluoridation chemicals to drinking water presents an
9 unreasonable risk of neurotoxic effects under TSCA, EPA has conceded that it would not rely on the 2010
10 RfD, but would instead apply a weight of the scientific evidence approach for identifying and characterizing
11 the best available science from the most up-to-date scientific database of studies that have examined
12 neurotoxicity as an effect of fluoride exposure. In other words, if EPA were to conduct a risk assessment
13 for fluoride neurotoxicity (which the Agency has never done before), it would not rely on its existing safety
14 standards.
15

16 14. The CDC has declared in this litigation, through its 30(b)(6) representative, that it has not
17 conducted or sponsored research to assess the risk of neurotoxicity associated with fluoridation, and that it
18 has not issued any position on the matter subsequent to the publication of the NIH-funded studies, which
19 are discussed below.
20

21 15. The U.S. Food & Drug Administration (FDA), which regulates fluoride in toothpaste and
22 other dental products, has not conducted or sponsored any research on the neurotoxicity of fluoride and has
23 no position on the matter.
24

25 16. NSF International (NSF) is a private, quasi-public organization that certifies the safety of
26 the chemicals added to drinking water in the United States, including fluoridation chemicals. The NSF
27 declared in this litigation, through its 30(b)(6) representative, that it has not considered the potential for
28

1 fluoridation chemicals to cause neurotoxic effects, and has no position on the issue.

2 17. J.R. Simplot Company (“Simplot”), Mosaic Fertilizer and Mosaic Global Sales (“Mosaic
3 Subsidiaries”), and Solvay Fluorides, LLC (“Solvay”) are companies that manufacture and sell the
4 chemicals used to fluoridate water in the U.S. Each of these three companies has declared in this litigation
5 that they have made no attempt to assess whether fluoridation chemicals cause neurotoxic effects.

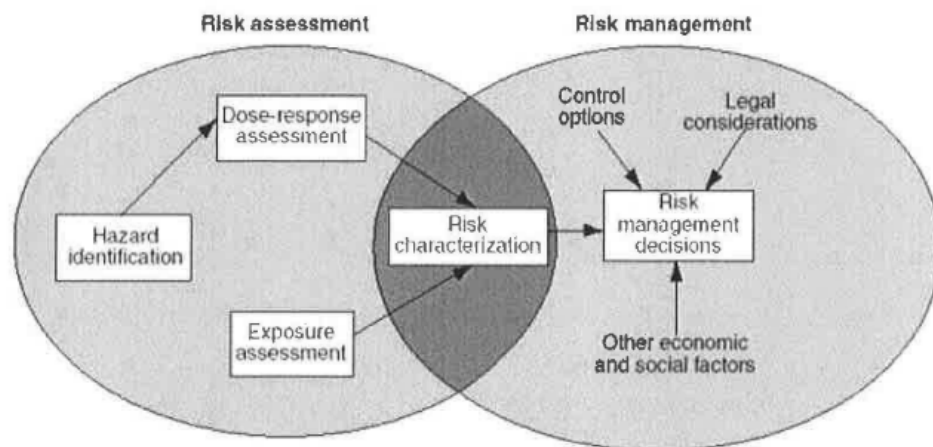
6 18. For the foregoing reasons, finding that fluoridation chemicals present a neurotoxic risk does
7 not require the Court to find that any of the existing safety standards for fluoride were inadequate for the
8 purposes established.
9

10
11 **II. THE EPA/NRC RISK ASSESSMENT PARADIGM**

12 19. “Risk assessment” is the dominant public-policy tool that EPA uses for “risk management”
13 – i.e., to help inform the different policy options for protecting public health and the environment from
14 chemical hazards.

15 20. EPA’s framework for assessing and managing risks reflects the risk assessment and risk
16 management paradigm set forth by the National Research Council (NRC) in 1983 (i.e., “The Red Book”),
17 as illustrated in the following Figure:
18

19 Figure 1. Diagram of NRC risk assessment/risk management paradigm.



20
21
22
23
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25
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27 Source: EPA Office of Research and Development.

1 21. As indicated in the Figure, the NRC concluded that risk assessment and risk management
2 are “two distinct elements” between which agencies should maintain a clear conceptual distinction. The
3 NRC warned that “[e]ven the perception that risk management considerations are influencing the conduct
4 of risk assessment in an important way will cause the assessment and regulatory decisions based on them
5 to lack credibility.”

6 22. The NRC’s 1983 report identified four steps integral to any risk assessment: 1) hazard
7 identification, 2) dose-response assessment, 3) exposure assessment, and 4) risk characterization.
8

9 23. The NRC and EPA have recognized that “uncertainty” is a pervasive aspect of risk
10 assessment, since information in the real world is often not complete, and assumptions and inferences must
11 be made to fill in certain evidentiary gaps.

12 24. One of the data gaps that is often present in a risk assessment is that EPA often does not
13 have data demonstrating the chemical’s hazards at exposure levels seen in the general population, and must
14 thus assess risk by extrapolating from studies at higher doses.
15

16 25. Since uncertainty is an inherent feature of risk assessment, the NRC recommended that EPA
17 establish “inference guidelines” (i.e., defaults) to ensure consistency in how EPA fills in data gaps from
18 one chemical to the next.

19 26. As the NRC has explained, “without uniform guidelines, risk assessments might be
20 manipulated on an ad hoc basis according to whether regulating a substance is thought to be politically
21 feasible.” To minimize the risk of political interference, the NRC has explained that the “defaults”
22 contained within the Agency’s guidelines should be used unless there is chemical-specific data that justifies
23 an alternative approach.
24

25 27. According to the NRC, the default options that are set forth in guidelines, “assign the burden
26 of persuasion” to those wishing to use an alternative to the default for any given chemical.

27 28. In response to the NRC’s recommendation to establish uniform guidelines, EPA created
28

1 *Guidelines for Neurotoxicity Risk Assessment* (hereafter *Guidelines*). EPA has stated it “will use” these
2 *Guidelines* to “evaluate data on potential neurotoxicity associated with exposure to environmental
3 toxicants.”

4 29. Consistent with Figure 1 above, the *Guidelines* describe four steps to the risk assessment:
5 (1) Hazard Assessment, (2) Quantitative Dose Response, (3) Exposure Assessment, and (4) Risk
6 Characterization.

7 30. Neither the EPA, nor its retained experts in this case, have applied these *Guidelines* to the
8 neurotoxicity literature on fluoride.
9

10
11 **III. HAZARD ASSESSMENT**

12 31. Under the *Guidelines*, the Hazard Assessment is a qualitative assessment to determine
13 whether neurotoxicity is a *hazard* of the chemical.

14 32. A hazard is defined as the potential for a substance to cause an effect at a sufficiently high
15 dose, which may or may not be relevant to a given condition of use. In other words, the focus of the hazard
16 assessment is whether a chemical can, at some dose, cause the effect. The question of whether this hazard
17 is a *risk* under any given condition of use is reserved for the Risk Characterization step of the analysis,
18 which is the fourth and final step of a risk assessment under the *Guidelines*.
19

20 33. Under the *Guidelines*, neurotoxicity is considered to be a hazard of a chemical if “sufficient
21 evidence” demonstrates an association.

22 34. Sufficient evidence of a hazard exists if there is “a single adverse endpoint from a well-
23 conducted study.” Alternatively, sufficient evidence exists if “the total available data may support such a
24 conclusion.”
25

26 35. The *Guidelines* identify the types of evidence that should be considered in the Hazard
27 Assessment as well as the factors that should be considered when assessing this evidence.
28

1 36. The *Guidelines* recommend consideration of the following types of studies: animal; case
2 reports; epidemiological, including cross-sectional and prospective cohort studies; *in vitro*; and
3 pharmacokinetic.

4
5 **A. Animal Studies**

6 **A.1 General Principles**

7 37. Under the *Guidelines*, the hazard determination “can be based on either human or animal
8 data.” EPA has a preference for using human data if suitable data exist; in practice, however, animal data
9 are almost always used.

10 38. The National Research Council has stated that “the inference that results from animal
11 experiments are applicable to humans is fundamental to toxicologic research.” Consistent with this, “EPA
12 agrees that effects observed in animals are relevant to humans unless human data counterindicate.”

13 39. EPA has expressly applied the *Guidelines* in 10 risk assessments. Based on these
14 assessments, EPA established reference values—reference dose (RfD) or reference concentration (RfC)—
15 to protect against neurotoxicity for 9 chemicals or groups of chemicals. In each of these assessments, EPA
16 relied on animal data to establish the reference value.

17 40. One reason that EPA uses animal studies is that they “provide more precise exposure
18 information, and control environmental factors better.” Another reason is that human data are rarely
19 available: for 6 of the 9 chemicals for which EPA has established reference values based on neurotoxicity
20 endpoints, there were *no* human data on neurotoxicity.

21 41. Neurotoxic endpoints in animal studies fall into several categories, including
22 neuroanatomical (i.e., structural or neuropathological), neurochemical, and behavioral.

23 42. Neuroanatomical endpoints include changes to the brain that are detectable under the
24 microscope (i.e., “histological”), such as damage to brain cells. The *Guidelines* consider neuroanatomical
25 changes to be “of concern,” and EPA has established reference doses for chemicals based on
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1 neuroanatomical effects documented in animals.

2 43. Neurochemical effects include biochemical changes in the brain, including alterations in
3 neurotransmitter function and effects on enzymes. The *Guidelines* state that neurochemical changes “may
4 be regarded as adverse because of their known or presumed relation to neurophysiological and/or
5 neurobehavioral consequences.”

6 44. Behavioral changes include alterations to motor activity, changes in sensory abilities or
7 motor coordination, seizures, and impairments in learning, memory, and attention. EPA has repeatedly
8 based reference doses on behavioral alterations documented in animals, including learning and memory
9 impairments.

10 45. The principal studies which EPA has used to establish reference values have not been
11 “perfect” studies, as EPA has generally identified a number of methodological limitations with the studies
12 it has relied upon. Some of the principal studies did not conform to EPA’s testing guidelines for animal
13 studies, some used relatively small numbers of animals (e.g., 10 per group), and the principal studies that
14 investigated effects from prenatal exposures did not always control for litter effects. These limitations did
15 not stop EPA from establishing reference doses for these chemicals.

17 **A.2 Animal Research on Fluoride Neurotoxicity**

18 46. In 2006, the National Research Council (NRC) reviewed the existing toxicological literature
19 on fluoride, including animal studies investigating fluoride neurotoxicity. The EPA, and other federal
20 agencies, have accepted NRC’s 2006 report as “an accurate summary of [fluoride’s] hazard.”

21 47. In its “Findings” section on neurotoxicity, the NRC 2006 report concluded that fluoride
22 “interferes with the brain” in experimental animals, as evident by both neuroanatomical and neurochemical
23 changes. Based on these findings, the NRC 2006 report concluded that neurotoxicity is a hazard of fluoride,
24 at least in animals. As the NRC noted, “it is apparent that fluorides have the ability to interfere with the
25 functions of the brain.”

26 48. The neuroanatomical and neurochemical changes that NRC identified include, *inter alia*,

1 reduced phospholipid content; inhibition of acetylcholinesterase; interference with neurotransmitters;
2 increased production of free radicals in the brain (i.e., oxidative stress); neuronal deformations; increased
3 uptake of aluminum; and enhancement of reactive microglia.

4 49. It was unclear to the NRC if the brain changes seen in fluoride-treated animals would
5 manifest into outwardly demonstrable deficits in cognition/behavior (i.e., “functional” effects), and
6 whether these effects would occur in humans below the regulatory limit (4 mg/L) in the United States. The
7 NRC 2006 report thus called for more animal research to examine fluoride’s impact on cognitive skills.

8 50. Subsequent to the NRC’s 2006 report, over 100 animal studies investigating fluoride’s
9 neurotoxicity have been indexed in the National Library of Medicine’s online database (“PubMed”). Most
10 of these animal studies have continued to focus on fluoride’s neuroanatomical and neurochemical effects,
11 with the overwhelming majority corroborating NRC’s conclusion that fluoride affects animal brain on the
12 neuroanatomical and/or neurochemical level.

13 51. Most animal studies on fluoride neurotoxicity have used subchronic exposure scenarios,
14 which will tend to understate the effect from lifetime exposure. EPA’s testing guidelines define a chronic
15 exposure study in rodents as one that lasts at least 12 months.

16 52. Among studies that have tested animals at multiple points in time, effects have tended to
17 worsen with time, with some effects not appearing at all until 3 to 6 months of chronic exposure. Most of
18 the studies on fluoride neurotoxicity have lasted no longer than 3 months.

19 53. Only two studies of fluoride neurotoxicity have lasted 12 months or more. One of these two
20 studies was coauthored by EPA neurotoxicologist Karl Jensen, and reported that rats drinking water with
21 1 mg/L had impaired cerebrovascular integrity, increased presence of beta-amyloid plaques, and increased
22 uptake of aluminum. According to the NRC, these brain changes are similar to those seen in humans with
23 dementia.

24 54. A subset of the post-NRC animal studies have investigated fluoride’s “functional” effects
25 on learning and memory. In 2016, the National Toxicology Program (NTP) published a systematic review
26 of these functional studies and concluded that the overall evidence “suggests adverse effects on learning
27
28

1 and memory in animal [sic] exposed to fluoride.”

2 55. The NTP had a “moderate level-of-confidence” in the studies investigating
3 learning/memory effects in adult animals, but a “low level of confidence” in the developmental studies.
4 The lower level of confidence for the developmental studies at that time was primarily the result of having
5 fewer studies.

6 56. One of the limitations that the NTP identified is that the existing studies did not rule out the
7 possibility that fluoride-induced “motor impairments” could be the cause of the impaired test performance.
8 But motor impairments are themselves a form of neurotoxicity.

9 57. The lead author of the NTP review, Dr. Kristina Thayer, who is now the Director of EPA’s
10 IRIS Division, agrees that the animal data supports the biological plausibility of fluoride causing neurotoxic
11 effects in humans.

12 58. Subsequent to the NTP’s review, 11 additional developmental studies have reported learning
13 and memory outcomes. Ten of these studies found impaired performance in the fluoride-treated groups.

14 59. In 2018, the NTP published an animal study on fluoride neurotoxicity, which found no
15 impairment in learning/memory in the fluoride-treated rats.

16 60. While the NTP’s 2018 study did not find an impairment in learning/memory, it did report a
17 significant increase in pain sensitivity in the fluoride-treated rats, which is a manifestation of neurotoxicity
18 that EPA considers adverse.

19 61. In October 2019, the NTP released a draft version of its *Monograph on the Systematic*
20 *Review of Fluoride Exposure and Neurodevelopmental and Cognitive Health Effects*. This report
21 summarizes the findings of NTP’s 3-year systematic review of both the animal and human evidence on
22 fluoride neurotoxicity.

23 62. The NTP found that the studies still do not sufficiently rule out the possibility that the
24 performance impairments in the fluoride-treated animals are the result of a neurotoxic effect on the
25 motor/sensory system. Nevertheless, the NTP concluded that the collective data from the animal studies
26
27
28

1 support fluoride being a neurotoxicant in humans.

2
3 **B. Human Studies**

4 63. The *Guidelines* recognize several types of human studies that can inform the Hazard
5 Assessment, including case reports and epidemiological studies.

6 64. In contrast to the 9 chemicals for which EPA has established RfDs or RfCs pursuant to the
7 *Guidelines* (most of which did not have *any* human studies available), both categories of human studies are
8 available for fluoride, including the most reliable kind of epidemiological study, prospective cohort studies.
9

10 **B.1 Case Reports**

11 65. The *Guidelines* note that “the first type of human data available is often the case report or
12 case series,” including clinician observations of occupationally exposed workers. This statement holds true
13 for fluoride.
14

15 66. Case reports are generally not sufficient, by themselves, to establish a hazard, but the
16 *Guidelines* consider them “useful when corroborating epidemiological data are available.”

17 67. Decades before the first study of fluoride and IQ was published, case reports and clinician
18 surveys of occupationally exposed workers identified neurological symptoms among fluoride-exposed
19 individuals, including general malaise, fatigue, headaches, and difficulties with concentration and memory.
20 The NRC has observed that “[t]here are numerous reports of mental and physiological changes after
21 exposure to fluoride from various routes (air, food, and water) and for various time periods.”

22 68. According to the NRC, several of the case reports on fluoride could be characterized as
23 “experimental studies,” since they involved “individuals who underwent withdrawal from their source of
24 fluoride exposure and subsequent re-exposures under ‘blind’ conditions. In most cases, the symptoms
25 disappeared with the elimination of exposure to fluoride and returned when exposure was reinstated.”
26

27 **B.2 Cross Sectional Studies**

1 69. In cross-sectional studies, both the disease and suspected risk factors are ascertained at the
2 same time.

3 70. A large number of cross-sectional studies on fluoride and neurotoxicity have been conducted
4 since the first study on fluoride and IQ by Ren in 1989. Most of these studies have been conducted in China,
5 India, and Iran, and have generally addressed higher levels of fluoride (>1.5 mg/L) than are added to water
6 in fluoridation programs in the U.S.

7 71. The cross-sectional studies on fluoride have consistently reported associations between
8 fluoride exposure and cognitive deficits, including studies with robust designs that the National Toxicology
9 Program has found to have low risk of bias.

10 72. While cross sectional studies generally do not “allow the investigator to determine whether
11 the disease or the exposure came first” (and thereby limit the ability to ascribe causality), this limitation is
12 lessened when there is a stable population where water supplies and fluoride concentrations have remained
13 unchanged for many years.

14 73. Some of the cross-sectional studies on fluoride and IQ have limited the study population to
15 children who have lived in the same area since birth. In this context of stable populations and stable water
16 fluoride levels, measurement of exposure at the time of the study can be a reasonable, albeit imperfect,
17 proxy for exposure from the prenatal period onward. Imprecision in exposure estimates are generally
18 expected to bias the results towards the null, thereby making it less likely to observe an association.

19 74. In 2006, the NRC report assessed the first four IQ studies to become available in English
20 (each was conducted in China). Each of the four studies that NRC reviewed found significant associations
21 between fluoride exposure and reduced IQ. While the studies lacked sufficient detail for the NRC to draw
22 conclusions, the NRC found that “the consistency of the collective results warrant[s] additional research
23 on the effects of fluoride on intelligence.”
24

25 75. In 2012, Drs. Philippe Grandjean and Anna Choi from the Harvard School of Public Health
26 published a meta-analysis of 27 studies, and found that “children in high fluoride areas had significantly
27 lower IQ scores than those who lived in low-fluoride areas.” Of the 27 studies examined, 26 found an
28

1 association between elevated fluoride and reduced IQ. The water fluoride concentrations in the studies were
2 generally between 2 and 4 mg/L. Children in the high-fluoride areas had, on average, 7 less IQ points than
3 children in control areas.

4 76. Consistent results in cross-sectional studies across different populations increases the
5 confidence that a chemical is, in fact, causally related to the outcome, and thus increase confidence in the
6 hazard assessment.

7 77. Dr. Grandjean's team recommended that future research "formally evaluate dose-response
8 relationships based on individual level measures of exposure over time, including more precise prenatal
9 exposure assessment." As discussed below, a number of studies have now been conducted, and add
10 substantial confidence to the hazard assessment.

11 78. A more recent meta-analysis by Duan has also reported a significant association between
12 higher fluoride concentrations in water and lower intelligence in children. Duan focused on studies
13 published through November 2016 that examined the effects of waterborne fluoride exposures and which
14 provided data on the water fluoride levels.

15 79. Each of the 26 studies that met Duan's inclusion criteria found lower IQs in the high-fluoride
16 community when compared against the control. In a majority of these studies, the high-fluoride community
17 had less than 4 mg/L in the water, including three studies which found significant effects at concentrations
18 between 1 and 2 mg/L. Duan concluded that "Greater exposure to high levels of fluoride in water was
19 significantly associated with reduced levels of intelligence in children."

20 80. In addition to the association with reduced IQ, cross-sectional studies have also found
21 associations between fluoride and ADHD. Most recently, a study of a nationally representative sample of
22 Canadian children found that an increase of 1.0 mg/L fluoride in water was associated with a 6.1 times
23 higher odds of an ADHD diagnosis after controlling for potential confounding factors such as household
24 income, parental educational attainment, blood lead, and secondhand smoke exposure (Riddell 2019).
25

26 **B.3 Prospective Cohort Studies**

27
28

1 81. EPA’s *Guidelines* recognize that prospective cohort studies are “invaluable for determining
2 the time course for development of dysfunction.”

3 82. In a prospective cohort study, “a healthy group of people is assembled and followed forward
4 in time and observed for the development of dysfunction.” This study design “allows the direct estimate
5 of risks attributed to a particular exposure, since toxic incidence rates in the cohort can be determined.”

6 83. Short of intentionally dosing humans in controlled experiments (which are prohibited for
7 ethical reasons), prospective cohort studies are generally considered the ideal study design for
8 understanding the impact of environmental chemicals on human health.

9 84. Because prospective cohort studies “can be very time-consuming and costly,” they are rarely
10 available for neurotoxicity risk assessments.

11 85. None of the 9 chemicals that EPA has established reference values for under the *Guidelines*
12 had a prospective cohort study. In the case of fluoride, there are now *six* prospective cohort studies,
13 including five with individualized measurements of fluoride exposure. In addition, the NTP’s 2019
14 systematic review determined that 9 of the cross-sectional studies on fluoride and IQ are “functionally
15 prospective in nature.”
16

17 86. Of the six formal prospective studies on fluoride and neurodevelopment, five have collected
18 individual measurements of total fluoride exposure (e.g., urinary fluoride levels and fluoride ingestion from
19 beverages). Each of these 5 prospective studies that collected individual measurements of exposure found
20 a significant association between early-life exposure to fluoride and neurodevelopmental harm. The one
21 study that did not assess total exposure (Broadbent, et al) did not detect a measurable effect on IQ.

22 87. Studies of environmental toxicants that collect data on individual exposure (versus
23 community measures of exposure, such as water fluoride concentration) are generally considered more
24 robust and reliable than those that do not.

25 88. Four of the prospective cohort studies that have collected individual measurements have
26 been funded by the National Institutes of Health (NIH), including two studies of the “ELEMENT” cohort
27 in Mexico City (Bashash 2017, Bashash 2018), and two studies of the “MIREC” cohort in Canada (Green
28

1 2019, Till 2019).

2 89. Two of the NIH-funded studies were co-funded by the EPA. According to EPA, it “generally
3 does not fund studies on the effect of environmental toxicants on children’s health unless EPA believes the
4 proposals for the studies have reliable methods that will produce reliable results.”

5 90. The parties agree that the ELEMENT and MIREC cohort studies are the most
6 methodologically reliable studies to date on the impact of fluoride on neurodevelopment.
7

8 **B.3.a ELEMENT Cohort Studies**

9
10 91. The study participants in the ELEMENT cohort are exposed to “optimal” levels of fluoride
11 through fluoridation of salt. The purpose of salt fluoridation is to replicate the fluoride doses that are
12 produced through water fluoridation.

13 92. There is a reasonable *a priori* assumption that the daily exposures to fluoride in the
14 ELEMENT cohort will generally be comparable with the exposures in water-fluoridated communities. The
15 soundness of this *a priori* assumption is borne out by the data, as discussed below.

16 93. The first study of fluoride exposure and neurodevelopment in the ELEMENT cohort was
17 published in 2017 (“Bashash 2017”). It found a significant linear dose-response relationship between
18 prenatal fluoride exposure (as measured in the urine of the mother) and reduced childhood IQ.

19 100. Each 1.0 mg/L increase of fluoride in the mother’s urine was associated with 6.3 less IQ
20 points at 4 years of age, and 5 less IQ points at ages 6 to 12—effect sizes that are on par with the effects of
21 lead.
22

23 101. In this first study of the ELEMENT cohort, no threshold was observed for the 4-year-old
24 children, but there was some suggestion of a threshold of 0.8 mg/L in the 6-12 year old children.

25 102. The second study of the ELEMENT cohort (“Bashash 2018”) examined the relationship
26 between prenatal fluoride exposure and ADHD symptoms and found a significant linear dose-response
27 relationship. Specifically, prenatal fluoride exposure was significantly associated with symptoms of
28

1 inattention among the children.

2 103. Both studies of the ELEMENT cohort extensively controlled for potential confounding
3 factors, including birth weight, gestational age, maternal age, maternal education, maternal IQ, maternal
4 smoking, socioeconomic status, and exposure to other neurotoxicants, including lead and mercury.

5 104. According to Dr. Joyce Donohue, the lead scientist on fluoride issues at EPA's Office of
6 Water, the ELEMENT studies are well-conducted, and further justify a reassessment of fluoride safety
7 standards to ensure that children are not being overexposed.
8

9 **B.3.b MIREC Cohort Studies**

10 105. The NIH has funded two studies of the MIREC cohort in Canada. The first of these studies
11 was published in *JAMA Pediatrics* in August of 2019 ("Green 2019") and examined the relationship
12 between prenatal fluoride exposure and childhood IQ.
13

14 106. As with the ELEMENT studies, Green 2019 controlled for a large number of potential
15 confounders, including: maternal education, maternal age, quality of the child's home environment
16 (HOME), gestational age, mother's race, city, maternal smoking, and exposure to other neurotoxicants,
17 including lead, mercury, manganese, and arsenic.

18 107. Green 2019 examined 512 mother-child pairs living in communities with water fluoride
19 levels at, or below, 0.7 mg/L and found that prenatal fluoride exposure (as measured in the mother's urine)
20 was significantly associated with reduced IQ in boys.

21 108. Each 1 mg/L increase of fluoride in the mothers' urine was associated with 4 to 5 less IQ
22 points among the boys, an effect size on par with lead.
23

24 109. Green 2019 also found significant associations between IQ (in both boys and girls), maternal
25 fluoride intake (from water and other beverages), and water fluoride concentration.

26 110. The findings from the MIREC study are convergent with the findings from the ELEMENT
27 cohort and support the *in utero* period being a susceptible period of life vis-à-vis fluoride toxicity.
28

1 111. Based on Green 2019’s findings, the editor of *JAMA Pediatrics*, Dr. Dimitri Christiakis,
2 stated that he would now recommend that pregnant women not drink water treated with fluoridation
3 chemicals.

4 112. In November 2019, the second study of fluoride and neurodevelopmental effects in the
5 MIREC cohort was published (Till 2019). Unlike the previous ELEMENT and MIREC studies, this study
6 examined the impact of fluoridated water exposure during *infancy* among 398 children.

7 113. As with the other NIH-funded studies, Till 2019 controlled for a large number of potentially
8 confounding factors, including child’s sex and age, maternal education, maternal race, second-hand smoke,
9 and Quality of the Child’s Home Environment (HOME).

10 114. The Till 2019 study found that fluoride exposure during infancy was associated with a large
11 decrease in non-verbal IQ. For each 0.5 mg/L increase in water fluoride concentration, formula-fed babies
12 had a loss of 9.3 performance (non-verbal) IQ points.

13 115. Based on these findings, the authors of the Till 2019 study recommended that measures be
14 taken to reduce fluoride exposure among infants.

15 **B.4 NTP’s Assessment of the Epidemiological Literature**

16 116. As set forth in its draft Monograph, the NTP has concluded that “fluoride is presumed to be
17 a cognitive neurodevelopmental hazard to humans.”

18 117. The NTP explained that “the presumed hazard conclusion is supported by the low
19 expectation that new studies would *decrease* the hazard conclusion.”

20 118. According to the NTP, “the human body of evidence provides a consistent pattern of
21 findings that high fluoride exposure is associated with decreased intelligence quotient (IQ) in children.”
22 The NTP identified 13 studies which it found to have low risk of bias, and “higher fluoride exposure was
23 associated with at least one measure of decreased IQ in each of the 13 studies.”

24 119. The NTP determined that the consistent association between fluoride and reduced IQ is
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26
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1 unlikely to be explained by inadequate control for potential confounders or errors in exposure measurement.

2
3 **C. Neuroendocrine Effects**

4 120. EPA's *Guidelines* require consideration of a chemical's ability to cause neurological effects
5 via endocrine disruption (i.e., neuroendocrine effects), including disturbances of the thyroid gland.

6 121. EPA has recognized that "thyroid hormones are essential for normal brain development in
7 humans and that hypothyroidism during fetal and early neonatal life may have profound adverse effects on
8 the developing brain."

9 122. According to the *Guidelines*, "the development of the nervous system is intimately
10 associated with the presence of circulating hormones such as thyroid hormone," and a thyroid disturbance
11 during a specific developmental period may cause a "nervous system deficit, which could include cognitive
12 dysfunction, altered neurological development, or visual deficits, [depending] on the severity of the thyroid
13 disturbance and the specific developmental period when exposure to the chemical occurred."

14 123. In 2006, the NRC concluded that fluoride is an "endocrine disrupter" which may lower
15 thyroid function.

16 124. The NRC reported that fluoride has been associated with lower thyroid function at estimated
17 average intakes of 0.05-0.13 mg/kg/day in humans with adequate iodine intake, and at estimated average
18 intakes as low as 0.01 to 0.03 mg/kg/day in individuals with iodine deficiency.

19 125. Pointing to data showing a "decreasing iodine intake by the U.S. population," the NRC
20 called for research to examine fluoride's "possible role in the development of several diseases and mental
21 states in the United States," including "thyroid disease."

22 126. According to national data from the CDC, more than 10% of women of child-bearing age
23 in the US are iodine deficient.

24 127. Subsequent to the NRC report, a nationwide study from the UK (Peckham 2015) reported
25 that artificially fluoridated water is associated with a significant increase in the prevalence of
26
27
28

1 hypothyroidism.

2 128. Additionally, a study from Canada (Malin 2018) reported a significant relationship between
3 urinary fluoride and elevated TSH (thyroid stimulating hormone) among iodine-deficient adults in Canada,
4 but not in the general population as a whole. Elevated TSH is indicative of a decrease in thyroid function.

5 129. Fluoride's known ability to disrupt the endocrine system, and its reported relationship with
6 reduced thyroid function among adults with low-iodine intake, supports the conclusion that neurotoxicity
7 is a hazard of developmental fluoride exposure.

9 **D Mode of Action**

10 130. EPA's *Guidelines* recognize that hazard identification is strengthened by, but not dependent
11 upon, an identifiable mechanism by which the chemical can exert neurotoxic effects.

12 131. The National Academy of Sciences (NAS) has stated that "solid conclusions about causality
13 can be drawn without mechanistic information, for example, when there is strong and consistent evidence
14 from animal or epidemiology studies." The NAS added that "mechanistic frameworks today could probably
15 be completed for only a few chemicals."

16 132. For most of the chemicals for which EPA has established reference doses pursuant to the
17 *Guidelines*, the mode of action has not been known.

18 133. Several plausible mechanisms—both indirect and direct—have been identified that could
19 help explain the neurotoxicity of fluoride.

20 134. Thyroid depression is a plausible indirect mechanism that could account for some of the
21 neurotoxic effects reported in the literature.

22 135. A thyroid mechanism is particularly plausible as a cause of IQ loss among offspring born to
23 women with suboptimal iodine intakes. In the United States, over 10% of women of child-bearing age are
24 deficient in iodine.

25 136. In terms of direct mechanisms of fluoride neurotoxicity, there is some *in vitro*, *in vivo*, and
26 epidemiological data suggesting that fluoride may cause disturbances in hippocampal mitochondrial
27

1 dynamics (marked by fission inhibition and fusion promotion). These disturbances play an important role
2 in fluoride-induced cognitive loss.

3 137. The hippocampus is an important region in the brain for learning and memory, and many of
4 the studies investigating the mechanisms of fluoride neurotoxicity have identified adverse effects in this
5 region.

6 138. The existing animal research has identified many potential mechanisms, including oxidative
7 stress, signaling disruption, and selective reductions in nicotinic receptors. Consensus is currently lacking
8 as to which direct mechanism(s) are most important.

10 **E Qualitative Dose Response**

11 139. The *Guidelines* recognize that “determining a hazard often depends on whether a dose-
12 response relationship is present,” and thus “dose-response evaluation is a critical part of the qualitative
13 characterization of a chemical’s potential to produce neurotoxicity.” Because “human studies covering a
14 range of exposures are rarely available,” the *Guidelines* state that the dose-response evaluation will
15 typically be limited to animal data.

16 140. There is a substantial amount of dose-response data to inform the hazard assessment for
17 fluoride neurotoxicity, from *both* animal *and* human data. While there are some inconsistencies, the data
18 generally show that the incidence and/or severity of nervous system deficits increase as fluoride exposure
19 increases.

20 141. In the human studies, a linear dose-response relationship has been identified in each of the
21 three NIH-funded cohort studies that have investigated the effects of prenatal exposure. (Bashash 2017,
22 Basahash 2018, Green 2019). With the possible exception of the IQ results in the 6-12 year olds, these three
23 studies did not identify any apparent safe threshold.

24 142. The consistent finding of a linear-dose response relationship between fluoride and reduced
25 IQ in the NIH-funded prospective cohort studies adds substantial support to neurotoxicity being a hazard
26 of fluoride.
27
28

1 143. In animal studies, a prerequisite for dose-response analysis is that there be multiple
2 treatment groups with different exposures to the test substance. Many of the animal studies on fluoride
3 have used multiple treatment doses, and thus permit evaluation of dose response.

4 144. Of the 100+ studies that have been indexed in the National Library of Medicine's database
5 since the NRC's 2006 review, 1 used four treatment doses, 17 used three treatment doses, and 16 used two
6 treatment doses in addition to a control. Of these 34 studies, most show dose-response trends for one or
7 more of the effects being investigated.

8 **F. Pharmacokinetics**

9
10 145. Under the *Guidelines*, consideration is given to the pharmacokinetics of the chemical with
11 "particular importance" given to the pharmacokinetics of the blood-brain barrier.

12
13 146. EPA has recognized that "the developing brain is distinguished by the absence of a blood-
14 brain barrier. The development of this barrier is a gradual process, beginning *in utero* and complete at
15 approximately 6 months of age. Because the blood-brain barrier limits the passage of substances from
16 blood to brain, in its absence, toxic agents can freely enter the developing brain."

17 147. The absence of an effective blood brain barrier renders the brain more vulnerable to the
18 harm posed by neurotoxicants.

19 148. With respect to fluoride, the parties do not dispute that fluoride gets through the placenta,
20 and that the fluoride a pregnant woman ingests has access to the fetus. Since the blood brain barrier is not
21 yet developed during this time, the parties agree that fluoride gets into the fetal brain.

22 149. Studies of aborted human fetuses from areas of endemic fluorosis in China have reported
23 substantial neuroanatomical and neurochemical damage to the brain.

24 150. After the blood brain barrier is finished forming at about 6 months of age, the blood brain
25 barrier is able to reduce the uptake of fluoride into the brain, albeit not completely.

26
27 151. During the late stages of life, the permeability of the blood brain barrier begins to increase,
28

1 particularly among those with diseases such as Alzheimer's and Parkinson's.

2 152. The degeneration of the blood-brain barrier in the late stages of life provides a plausible
3 basis for concern when considering the heightened body burden of fluoride during this period of life.

4 Specifically:

- 5
- 6 - Studies have found that water fluoridation significantly increases the level of fluoride in bone,
and that these levels increase with age.
 - 7 - The fluoride that is taken into bone is not forever bound. When bone breakdown increases in
8 the postmenopausal and elderly years, some of the fluoride stored in the tissue is released back
into the bloodstream.
 - 9 - Fluoride is principally excreted via the kidneys in urine. When kidney function declines, the
rate of fluoride accumulation in the body increases.
 - 10 - Kidney function (i.e., renal function) declines with age, and thus the kidneys during the late
stages of life can be expected to be less efficient in clearing fluoride from the bloodstream.
 - 11 - The breakdown of fluoride-rich bone coupled with the decrease in renal function in the late-
stages of life will increase the amount of fluoride that is available to the elderly brain.
- 12

13 **G. In Vitro Studies**

14

15 153. EPA's *Guidelines* suggests that consideration be given to *in vitro* data (i.e., studies of cells
16 in the test tube). While positive *in vitro* data are not sufficient, by themselves, to demonstrate a neurotoxic
17 hazard in humans, the existence of such data helps enhance the reliability of *in vivo* data (i.e., studies of
18 mammals).

19 154. Fluoride's ability to damage brain cells has been documented in *in vitro* experiments. While
20 most of these studies have used high concentrations that are unlikely to be present in the human brain,
21 several studies have examined environmentally realistic fluoride concentrations. For example, an *in vitro*
22 study by Gao found that fluoride increased lipid peroxidation and reduced $\alpha 7$ nicotinic acetylcholine
23 receptors in brain cells at concentrations that are commonly found in the blood of humans in fluoridated
24 communities. Studies by Goschorska and colleagues have found evidence of inflammation at similar
25 concentrations.

26 **H. Validity of the Database**

27

28

1 155. Under the *Guidelines*, the validity of the database should be evaluated by assessing the
2 content validity, construct validity, concurrent validity, and predictive validity of the data.

3 156. *Content validity* addresses “whether the effects result from exposure.” This factor weighs
4 decisively in favor of a neurotoxicity hazard determination for fluoride:

- 5 - The NIH funded prospective birth cohort studies on fluoride have consistently associated
- 6 prenatal exposure in humans with adverse neurodevelopmental effects.
- 7 - The *Guidelines* recognize that prospective cohort studies are the optimal form of
- 8 epidemiological study for ascribing causality between chemical and disease.
- 9 - The NTP’s 2019 systematic review concluded that the epidemiological studies are
- 10 sufficiently compelling to classify fluoride as a presumed neurotoxicant in humans.
- 11 - The NRC’s 2006 report concluded that neurotoxicity is a hazard of fluoride exposure in
- 12 animals. A large number of studies published subsequent to NRC’s report have corroborated
- 13 this conclusion.
- 14 - Dr. Thayer, who served as the principal author of the NTP systematic review on fluoride’s
- 15 learning effects, agreed that the animal studies show that “at some level of exposure fluoride
- 16 can damage the brain.”

17 157. *Construct validity* addresses whether the neurologic effects that have been observed “are
18 adverse or toxicologically significant.” This factor is again decisively satisfied in the fluoride database:

- 19 - EPA has recognized that a loss of a *single* IQ point is associated with a loss in lifetime
- 20 earnings.
- 21 - The NIH-funded studies have found 4 to 6-point drops in IQ for each 1 mg/L increase in
- 22 maternal urinary fluoride, which is on par with the effects of lead.
- 23 - Recent data from Canada and the U.S. shows that more than 5% of pregnant women in
- 24 fluoridated areas have urinary fluoride levels exceeding >2 mg/L.
- 25 - The NTP has described the epidemiological data on fluoride and IQ as showing a “relatively
- 26 large magnitude of effect.”
- 27 - The animal studies have consistently linked fluoride to learning and memory deficits, which
- 28 EPA has used as the adverse effect upon which to establish reference doses for other
- suspected neurotoxicants.

 158. *Concurrent Validity* addresses “whether there are correlative measures among behavioral,
physiological, neurochemical, and morphological endpoints.”

 159. There is currently a lack of definitive research regarding correlative measures in fluoride
neurotoxicity.

 160. In animals, fluoride’s cognitive deficits have been correlated in some studies with various
neurochemical and neuroanatomical changes, which provides some support for concurrent validity.

1 161. In humans, cross-sectional studies have identified associations between fluoride, cognitive
2 loss, increased TSH, and/or alterations in mitochondrial dynamics, which provides further support.

3 162. Overall, while there is some support for concurrent validity, this factor does not currently
4 carry as much weight in the hazard assessment.

5 163. *Predictive validity* addresses “whether the effects are predictive of what will happen under
6 various conditions.” This factor weighs in favor of a hazard finding.

7 164. Neurotoxicity has been associated with fluoride exposure under many conditions, including
8 experimental animals; occupationally-exposed workers; communities drinking naturally contaminated
9 drinking water in China, India, Iran, and Mexico; and children born to pregnant women exposed to
10 artificially fluoridated water and salt in both Canada and Mexico.

11 **I. Hazard Conclusion**

12 165. Under the *Guidelines*, the purpose of the hazard identification analysis is to determine if
13 “sufficient evidence” exists to demonstrate that neurotoxicity is a hazard of the chemical. The existing
14 database on fluoride provides a high degree of confidence that neurotoxicity is a hazard.
15

16 166. First, toxicological evidence was sufficient as of 2006 to permit the NRC to conclude that
17 fluoride causes neuroanatomical and neurochemical effects in animals. Many additional animal studies
18 have been published which further confirm this, and the NTP’s 2019 report concluded that the animal
19 studies support fluoride causing neurotoxic effects in humans.
20

21 167. Second, the *Guidelines* provide that a “single” well conducted study can constitute sufficient
22 evidence for a hazard determination, and it is widely accepted that prospective cohort studies are the
23 strongest study design for investigating the effects of environmental chemicals on human health. These
24 types of studies are rarely available, but there are *six* available on fluoride. Of these six studies, the five
25 that took individual measurements of fluoride each found significant associations between early-life
26 exposure and adverse neurodevelopmental effects.
27

28 168. Third, the findings of the five prospective studies are consistent with, and strengthened by,

1 the following evidence:

- 2 - The increased vulnerability to neurotoxicants when the brain lacks an effective blood brain barrier;
- 3 - Pharmacokinetic data demonstrating placental transfer of fluoride to the fetus and the absence of a blood brain barrier *in utero*;
- 4 - Pathology studies of aborted fetuses from endemic fluorosis areas, which have reported substantial neuroanatomical and neurochemical damage;
- 5 - Animal studies reporting neuroanatomical, neurochemical, and behavioral alterations following prenatal exposure to fluoride;
- 6 - The findings of many cross-sectional studies associating fluoride with reduced IQ in children, including 9 which the NTP has described as “functionally prospective”;
- 7 - Occupational studies reporting neurological effects from fluoride in the *mature* brain, which is more resistant to harm than the developing brain in the fetus and neonate;
- 8 - *In vitro* data showing fluoride can affect brain cells when present at environmentally relevant concentrations;
- 9 - The NRC’s conclusion that fluoride is an “endocrine disruptor” which can lower thyroid function, particularly among individuals with low-iodine intake;
- 10 - The neuroendocrine research that has been published subsequent to the NRC report which further supports fluoride having an adverse effect on thyroid function among people with iodine deficiency;
- 11 - The well-established finding that thyroid disruption during pregnancy causes neurodevelopmental harm in the offspring; and

12
13
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15 169. Taken together, the available evidence is sufficient to conclude that neurotoxicity is a hazard
16 of fluoride exposure.

17
18 **V. QUANTITATIVE DOSE RESPONSE ASSESSMENT**

19 170. The second step in a risk assessment is a quantitative dose response assessment.

20 171. In a quantitative dose-response assessment, the dose-response relationship between the
21 chemical and the outcome of interest is assessed in the available animal and/or human data.
22

23 172. Where available, EPA prefers to use human data for the dose-response analysis. In practice,
24 however, EPA has used animal data in all of the risk assessments it has done under the *Guidelines*, and in
25 all of the draft risk evaluations that it has issued under TSCA.

26 173. The purpose of the quantitative dose response assessment is to identify a “Point of
27 Departure” for the derivation of a reference dose (RfD) or as the starting point for a Margin of Exposure
28

1 (MOE) analysis.

2 174. An RfD is the estimated dose that is likely to be without an appreciable risk of deleterious
3 effects during a lifetime, including for susceptible populations.

4 175. The POD can be one of three different types of datapoints: a “Benchmark Dose Level”
5 (BMDL), a “No Observed Adverse Effect Level” (NOAEL), or a “Lowest Observed Adverse Effect Level”
6 (LOAEL).

7 176. Of the three types of PODs, EPA’s preference is to use a BMDL, as it provides the most
8 information about the slope of the dose-response curve.

9 177. The BMDL is the dose of a chemical that is associated with some defined level of effect
10 known as the Benchmark Response (BMR). A BMR is generally chosen to represent the point at which the
11 effect takes on some degree of biological significance.

12 178. After a POD is identified, EPA applies uncertainty factors to ensure that the reference dose
13 protects against the expected range of sensitivity to the chemical across the population, and to account for
14 data gaps in the literature.
15

16
17
18 **A. BMDL for Fluoride-Induced IQ Loss in Humans**

19 179. The NIH-funded ELEMENT and MIREC studies are well suited for the derivation of an
20 BMDL for IQ loss because they are high-quality studies with exposures covering the range observed in the
21 general population.

22 180. A loss of 1 IQ point is an appropriate BMR to use for a quantitative dose response
23 assessment.

24 181. According to multiple EPA publications, including several EPA regulatory impact
25 assessments, the loss of 1 IQ point is expected to cause a loss in lifetime earnings. EPA has recently
26 estimated the loss to be up to \$18,686 per person.
27
28

1 182. A 1-to-2 IQ point reduction at the population level was recognized as an adverse effect by
2 the U.S. EPA Clean Air Scientific Advisory Committee, which emphasized that “an IQ loss on the order
3 of one to two IQ points [should] be prevented in all but a small percentile of the population.”

4 183. The European Food Safety Authority selected the loss of 1 IQ point as the BMR for its dose
5 response analysis for lead.

6 184. EPA’s retained experts in this case (Drs. Ellen Chang and Joyce Tsuji from Exponent)
7 selected the loss of 1 IQ point as the BMR for their own quantitative dose response analysis for a prior
8 matter.

9 185. Analysis of the maternal urinary fluoride data from the ELEMENT cohort using a BMR of
10 1 IQ point results in a BMDL of 0.1 mg/L for IQ loss by age 4.

11 186. Analysis of the maternal urinary fluoride data from the MIREC cohort using the same BMR
12 results in a BMDL of 0.21 mg/L for IQ loss by age 3 to 4.

13 187. Analysis of the maternal fluoride intake data (from beverages) in the MIREC cohort results
14 in a BMDL of 0.15 mg/day for IQ loss by age 3 to 4.

15 188. Based on these results, the BMDL for maternal urinary fluoride is in the range of 0.1 to 0.21
16 mg/L. The POD is thus in the range of 0.1 to 0.21 mg/L. As will be discussed below, the risk estimate does
17 not depend on what point in this range is selected, and thus for simplicity purposes the POD will be
18 identified as ≤ 0.2 mg/L.
19

20
21
22 **B. NOAEL/LOAELs for Fluoride-Induced Learning/Memory Impairments in Animals**

23 189. Since suitable data is available to derive a BMDL for IQ loss in humans, it is not *necessary*
24 to derive a POD from animal data. However, a separate derivation of a POD from animal data helps to
25 inform the confidence to be given to the risk assessment.
26

27 190. The following considerations justify use of the learning/memory studies in animals to
28

1 establish a POD for fluoride neurotoxicity:

- 2 - EPA has used impairment in learning and memory in rodents as the adverse effect upon
- 3 which to base the RfD for other chemicals, thus this is an accepted endpoint to use in
- 4 deriving an RfD;
- 5 - A substantial number of the animal studies on fluoride have used 2 or 3 treatment groups,
- 6 and EPA has found this to be sufficient for dose-response assessment, including animal
- 7 studies with as few as 10 rats per group.
- 8 - EPA has used animal research to establish the POD for each of the neurotoxicity risk
- 9 assessments that it has thus far conducted under the *Guidelines*.

10 191. In the National Library of Medicine's database, there are a total of 37 rodent studies which
11 have investigated fluoride's impact on learning and memory since the NRC's 2006 report. All but 3 of
12 these studies found adverse effects in the fluoride-treated rodents, including 16 of the 17 that investigated
13 prenatal fluoride exposures.

14 192. Based on pharmacokinetic considerations and the findings from the human prospective
15 studies, the *in utero* period is likely a sensitive life stage for fluoride neurotoxicity. It is appropriate,
16 therefore, to derive a POD from the animal studies that have investigated *in utero* exposures. Further, in
17 order for the data to be suitable for dose-response assessment, the studies should have at least 2 treatment
18 groups in addition to the control.

19 193. There are a total of 10 animal studies in the National Library of Medicine's database that
20 investigated *in utero* exposures to multiple doses of fluoride, ranging from 4.5 mg/L to 45 mg/L. Of these
21 10 studies, 9 reported learning and/or memory impairments in the fluoride-treated rats with visually evident
22 dose-response trends.

23 194. While each of these 10 ten studies has one or methodological limitations, the consistency in
24 the dose-response trends across nine separate studies adds confidence that the relationship between fluoride
25 and the neurological impairments is causal.

26 195. Depending on how protective of public health EPA's risk managers choose to be, the
27 available 10 studies offer a range of LOAELs and NOAELs that could be used as the POD. Within this
28 range of possible PODs, EPA's retained toxicologist, Joyce Tsuji, has stated that a NOAEL of 20 mg/L—

1 the *least* protective POD that can be selected—would be an appropriate POD to use.

2 196. Since the 20 mg/L NOAEL is the least protective POD that can be selected from the data, if
3 a risk assessment using this POD identifies a risk from fluoridation chemicals, then all other PODs would
4 necessarily show a risk as well.

5 197. For purposes of simplicity, the 20 mg/L NOAEL is used as the POD for this assessment.
6 When adjusted for bodyweight, it is expressed as a dosage of **3.3 mg/kg/day**.

7 8 **D. Uncertainty Factors**

9 198. Once a POD is identified, EPA does an assessment to determine what “uncertainty factors”
10 should be applied.
11

12 13 **D.1 General Principles and Practices**

14 199. Uncertainty factors are applied to account for expected variations in susceptibility among
15 humans (i.e., *intraspecies* variability), expected differences in susceptibility between animals and humans
16 (i.e., *interspecies* variability), and, where applicable, differences in the length of exposure between the
17 study and human conditions (i.e., subchronic to chronic), research gaps in the overall database (i.e.,
18 database deficiency), and converting from a LOAEL to a NOAEL.

19 200. These uncertainty factors are “typically multiples of 10,” although each can be reduced to a
20 factor of 3 if warranted by available chemical-specific information.
21

22 201. *Intraspecies Variability (UF_H)*: EPA recognizes that susceptibility to toxic substances is
23 not uniform across the human population, and that because of differences in *toxicokinetics* and/or
24 *toxicodynamics*, some subsets of the population will be more vulnerable to harm than others.

25 202. *Toxicokinetics* refers to the “processes which determine the extent and duration of exposure
26 of the target organ or site of toxicity to the active chemical species,” while *toxicodynamics* refers to the
27
28

1 “processes involved in the translation of such exposure of the target organ or site of action into the
2 generation of a toxic effect.” Put more simply, toxicokinetics governs how much of the chemical gets to
3 the target site (i.e., access), while toxicodynamics governs how much of the chemical is necessary at the
4 target site to cause the adverse effect (i.e., sensitivity).

5 203. If there are no chemical-specific data on toxicokinetics and toxicodynamics, EPA uses a
6 default uncertainty factor of 10 for intraspecies variability. This default factor of 10 is “considered to be
7 appropriate in the absence of convincing data to the contrary” and is comprised of two co-equal factors of
8 3, one for toxicokinetics and one for toxicodynamics. Consistent with this, EPA has used a UF_H 10 in each
9 of the nine risk assessments where it has established reference values pursuant to the *Guidelines*.
10

11 204. *Interspecies Variability (UF_A)*: EPA recognizes that susceptibility to toxic substances
12 differs across species. As with intraspecies variability, interspecies variability is rooted in principles of
13 both toxicokinetics and toxicodynamics. With respect to the kinetics component, EPA has developed a
14 hierarchical framework of approaches that are geared towards ascertaining the “human equivalent dose”
15 (HED) of a dose given to animals.
16

17 205. EPA’s “optimal” approach for determining the HED is to use a *physiologically based*
18 *toxicokinetic model (PBTK)*. A PBTK is an empirically-based, chemical-specific model that allows EPA
19 to calculate the HED of a given dose of a given chemical of a given route (i.e., oral, dermal, or inhalation)
20 in a given species.

21 206. Where a PBTK model is not available, the “intermediate” approach is to use *chemical-*
22 *specific information* that, while falling short of a full PBTK model, provides some reliable guidance.
23

24 207. Where there is no reliable chemical-specific information on kinetics, EPA uses a *default*
25 allometric scaling method.

26 208. Allometric scaling relates to “scaling of physiological rates or quantities to relative growth
27 and size (mass or volume) of one animal species relative to another species.”
28

1 209. Body weight scaling to the $3/4$ power is EPA's default method for allometric scaling
2 (hereafter referred to as the $BW^{3/4}$ Method). Under the $BW^{3/4}$ Method, the HED is 14% of the dose given to
3 mice, and 24% of the dose given to rats.

4 210. The $BW^{3/4}$ Method "predominantly addresses factors involved in estimating toxicokinetics,
5 as well as some toxicodynamic factors." EPA thus maintains a default UF of 3 to account for uncertainty
6 with toxicodynamics and residual uncertainty with toxicokinetics.

7 211. Under the $BW^{3/4}$ Method, the Human Equivalent Dose of the animal POD (3.3 mg/kg/day)
8 is **0.79 mg/kg/day**. This is expressed as POD_{HED} , and is the dosage to which uncertainty factors are applied.
9
10
11

12 **D.2 Application of Uncertainty Factors to the Human POD for Fluoride**

13 212. As a practical matter, there is no need to determine what uncertainty factor(s) should be
14 applied to the human POD of <0.2 mg/L in pregnant women. This is because human exposure (as discussed
15 below) in fluoridated areas exceeds this POD, and thus a risk is evident before applying a single uncertainty
16 factor.
17

18 **D.3 Application of Uncertainty Factors to the Animal POD for Fluoride**

19 213. EPA's risk assessment expert, Dr. Tsuji, agrees that uncertainty factors should be applied to
20 the fluoride POD. She offered no opinion, however, as to what the size of the factors should be.
21

22 214. Plaintiffs' risk assessment expert, Dr. Kathleen Thiessen, has applied the uncertainty factors
23 consistent with EPA's standard practice, and derived an uncertainty factor of 10 for intraspecies (human-
24 to-human) variability and an uncertainty factor of 3 for interspecies (animal-to-human) variability. The
25 composite uncertainty factor thus equals 30.
26

27 215. A composite uncertainty factor of 30 is lower than the composite uncertainty factor that
28

1 EPA has used in each of its risk assessments under the *Guidelines*. In EPA's risk assessments, the composite
2 uncertainty factor has ranged from 100 to 3,000.

3 216. Applying the uncertainty factors to the animal POD (0.79 mg/kg/day) produces a reference
4 dose of **0.03 mg/kg/day**.

6 **E The Reference Doses Derived from Human and Animal Data**

7 217. Based on the above calculations, the resulting reference doses are ≤ 0.2 mg/L (maternal
8 urinary fluoride content in humans), and **0.03 mg/kg/day** (learning/memory impairments in humans).

9 218. Despite being based on the *least protective* POD from the animal data, the 0.03 mg/kg/day
10 reference dose for neurotoxicity is still *lower* than EPA's current reference dose for severe dental fluorosis
11 (0.08 mg/kg/day).

12 219. The fact that the RfD for neurotoxicity is lower than the RfD for severe dental fluorosis is
13 an indication that the former is a more sensitive effect of fluoride exposure. This conclusion is supported
14 by the epidemiological literature, including studies which have found associations between fluoride and IQ
15 in children without—and at doses not believed to cause—severe fluorosis.
16
17

18 **VI. EXPOSURE ASSESSMENT**

19 **A. Statement of Purpose, Scope, Level of Detail, and Approach**

20 220. The *Guidelines* state that the Exposure Assessment should provide a statement of the
21 purpose, scope, level of detail, and approach used to assess the exposure.
22

23 221. In the 2016 Amendments to TSCA, Congress made clear that the unreasonable risk
24 assessment must consider and protect susceptible populations. Based on this statutory mandate, it is
25 appropriate to focus the Exposure Assessment on susceptible populations.
26

27 222. Focusing on the exposures of susceptible populations is specifically identified in the
28

1 *Guidelines* as being an appropriate focus of the Exposure Assessment. This assessment thus does so.

2 223. The fetus, infant, and elderly have each been identified as a likely susceptible population
3 vis-à-vis fluoride neurotoxicity. These populations thus comprise the focus of the Exposure Assessment.

4 224. The Exposure Assessment is intended to generate sufficient detail to permit a direct
5 comparison with the reference values.

6 225. For the fetus, the Exposure Assessment focuses on published maternal urinary fluoride
7 concentration. This focus is appropriate for two reasons: (1) urinary fluoride content is a good indicator of
8 total fluoride exposure, and (2) the prospective cohort studies have analyzed IQ as a function of maternal
9 urinary fluoride content. An exposure assessment that focuses on maternal urinary fluoride content thus
10 allows for a direct comparison with the toxicity data.

11 226. In addition, for all age groups including the fetus, the Exposure Assessment considers EPA's
12 own water intake data (as reviewed by the NRC) to determine total daily fluoride intake from fluoridated
13 water (0.7 mg/L).

14 227. The focus on total daily intake of fluoride from fluoridated water is appropriate because
15 Plaintiffs' Citizen Petition is focused on one condition of use: the addition of fluoridation chemicals to
16 drinking water.

17 228. It is also appropriate to rely on EPA's water intake data because there is no reason to believe
18 that water intake has materially changed in the United States since 2000, which is when EPA published the
19 data. In fact, in 2010, the EPA used this same data to estimate fluoride exposure in the U.S.
20
21
22

23 **B. Maternal Urinary Fluoride Concentrations**

24 229. Early studies from the United States found that that the concentration of fluoride in urine
25 mirrors the concentration of fluoride in drinking water. Based on this early data, a person drinking water
26 with 1 mg/L of fluoride will be expected to have about 1 mg/L fluoride in their urine.
27
28

1 230. The strong influence of water-fluoride concentration on urine-fluoride concentration reflects
2 the fact that water is generally the largest source of fluoride in a person's diet, particularly in communities
3 with fluoridation programs.

4 231. Maternal urinary fluoride concentrations (MUF) were measured in over 1,000 pregnant
5 women from the MIREC cohort in Canada. This results were published in 2018 in the journal
6 *Environmental Health Perspectives* ("Till 2018").

7 232. The Till 2018 study found that water fluoridation was the major predictor of urine-fluoride
8 levels, with *creatinine*-adjusted MUF concentrations of **0.87 mg/L** and 0.46 mg/L in fluoridated (0.6 ppm)
9 and non-fluoridated (0.12 ppm) communities, a difference of 0.4 mg/L.
10

11 233. Five percent of the women in fluoridated areas in the Till 2018 study (i.e., the "95th
12 percentile") had *creatinine*-adjusted MUF values exceeding 2 mg/L, which is about 1 mg/L more fluoride
13 than the 95th percentile women in non-fluoridated areas.

14 234. In addition to adjusting for creatinine, the Till 2018 study also adjusted for *specific gravity*.
15 The *specific-gravity* adjusted MUF values were **0.71 mg/L** for the fluoridated group, and 0.41 mg/L in the
16 non-fluoridated group.
17

18 235. Dr. Angeles Martinez-Mier is a recognized expert in the field of urine-fluoride analysis, and
19 is the scientist who measured the fluoride in the Till 2018 study, as well as in all other MIREC and
20 ELEMENT cohort studies.

21 236. Dr. Martinez-Mier has recently completed a study along with researchers form the
22 University of California San Francisco (UCSF) that measured MUF in a cohort of 50 pregnant women in
23 California.
24

25 237. This new study, which has been submitted and accepted for publication, found an average
26 *specific-gravity*-adjusted MUF of **0.72 mg/L** among the women living in fluoridated areas and 0.46 mg/L
27 in women living in non-fluoridated areas.
28

1 238. The MUF concentrations reported in the California study are very similar to the MUF
2 concentrations from the Canadian study (i.e., 0.72 mg/L in fluoridated areas of California vs. 0.71 mg/L in
3 fluoridated areas of Canada).

4 239. There are no other contemporary studies of urinary fluoride concentrations in the United
5 States. The CDC tested fluoride in the urine of children in its 2015-2016 National Health and Nutrition
6 Examination Survey (NHANES), but the data has not yet been released.

7 240. Based on the available data, the average MUF in fluoridated areas in North America appears
8 to be ~0.7 mg/L (when adjusted for specific gravity), and ~0.9 mg/L (when adjusted for creatinine).
9

10
11 **C. Total Daily Fluoride Intake from Water**

12 241. The EPA has recognized that drinking water is generally the most significant source of
13 fluoride in a person's diet in fluoridated communities.

14 242. EPA has extensive data on water consumption in the United States. (EPA 2000). This data
15 permits calculations of total fluoride intake from drinking water for various age groups.
16

17 243. The EPA commissioned the National Research Council (NRC) to review the adequacy of
18 EPA's regulatory standards for fluoride, which included a comprehensive exposure assessment for the
19 USA.

20 244. In its 2006 report, the NRC used EPA's water consumption data to estimate fluoride intake
21 from drinking water. Later, in 2010, the EPA published its own estimates of fluoride intake from this same
22 drinking water consumption data. EPA's estimates were consistent with NRC's estimates, although the two
23 organizations presented the data somewhat differently.
24

25 245. In NRC's exposure assessment, the NRC estimated fluoride intake from fluoridated water
26 (0.7 mg/L) among people in the 90th percentile, 95th percentile, and 99th percentile of water intake. In
27 EPA's exposure assessment, the EPA estimated fluoride intake among people in the 90th percentile.
28

1 246. In NRC's exposure assessment, the NRC provided exposure estimates for many different
2 age groups, including infants less than 6 months old. The EPA, by contrast, did not provide exposure
3 estimates for infants less than 6 months old, and did not provide as detailed a breakdown for the adult age
4 groups.

5 247. Of all age groups, the NRC found that infants less than 6 months-old consume the most
6 fluoride by bodyweight in the population, followed by infants 6 months or older.

7 248. For infants less than six months, the NRC estimated that fluoride intake from fluoridated
8 water at the 90th, 95th, and 99th percentiles is 0.118, 0.143, and 0.168 mg/kg/day, respectively.

9 249. For infants older than six months, the NRC estimated that fluoride intake from fluoridated
10 water at the 90th, 95th, and 99th percentiles is 0.081, 0.089, and 0.119 mg/kg/day, respectively.

11 250. For young adults of child-bearing age (ages 20-24), the NRC estimated that fluoride intake
12 from fluoridated water at the 90th, 95th, and 99th percentiles were 0.022, 0.027, and 0.056 mg/kg/day,
13 respectively.
14

15 251. For older adults of child-bearing age (age > 25 years), the NRC estimated that fluoride intake
16 from fluoridated water at the 90th, 95th, and 99th percentiles were 0.022, 0.028, and 0.046 mg/kg/day,
17 respectively.
18

19 252. For elderly adults (ages \geq 65 years), the NRC estimated that fluoride intake from fluoridated
20 water at the 90th, 95th, and 99th percentiles were 0.022, 0.026, and 0.037 mg/kg/day, respectively.

21 253. In total, NRC estimated that over 5% of the population consumes more than 0.03 mg/kg/day
22 of fluoride from water with the 95th percentile dose registering at **0.031 mg/kg/day**.
23

24 VII. RISK CHARACTERIZATION

25 A. General Considerations About Risk

26 254. Risk characterization involves a comparison of hazard values with exposure levels to
27
28

1 qualitatively gauge the potential for risk.

2 255. EPA does not require that human exposure levels exceed a known adverse effect level to
3 make an unreasonable risk determination under TSCA.

4 256. In the draft risk evaluations that EPA has thus far released under the amended TSCA, EPA's
5 unreasonable risk determinations have all involved conditions of use where human exposures were below
6 the known adverse effect levels.

7
8 **B. Margin of Exposure (MOE)**

9
10 **B.1 The Basic Construct**

11 257. The Margin-of-Exposure (MOE) approach is an appropriate method to use to characterize
12 the neurotoxic risks of fluoridation chemicals because (1) the EPA generally uses the MOE approach to
13 characterize *non-cancer* risk under TSCA, and (2) the *Guidelines* recommend the MOE approach to
14 characterize *neurotoxic* risk.
15

16 258. Under the MOE approach, a "Calculated MOE" (otherwise known as the "Actual MOE") is
17 derived by comparing (dividing) the POD by the human exposure level. This Calculated MOE is then
18 compared against a "Benchmark MOE" (otherwise known as the "Target MOE") which is the product of
19 all relevant uncertainty factors.
20

21 259. If the Calculated MOE is less than the Benchmark MOE, the "basic construct" of the MOE
22 method is that an "unacceptable risk" (aka "risk of concern") exists.

23 260. The MOE and RfD methods for characterizing risk "are fundamentally equivalent," and,
24 thus, "for a given risk and given exposure of a [chemical], if exposure to a [chemical] were found to be
25 acceptable under an [RfD] analysis it would also pasas under the MOE approach, and vice-versa."
26

B.2 MOE Applied to the Human POD

261. Application of the MOE approach to the human POD demonstrates an unacceptable risk.

262. When the human POD (0.2 mg/L MUF) is divided by the average MUF in fluoridated areas (0.7 to 0.87 mg/L), the Calculated MOE is on the order of 0.2 to 0.3.

263. Even if *no uncertainty factors are used* for the Benchmark MOE (i.e., Benchmark MOE = 1), the Calculated MOE is lower than the Benchmark MOE because the Calculated MOE is less than 1.

The human data thus shows an unacceptable risk when assessed under the MOE method.

B.3 MOE Applied to the Animal POD

264. Application of the MOE approach to the animal-derived POD also demonstrates an unacceptable risk, despite the fact that the POD is the least protective POD that could be selected.

265. First, the Benchmark MOE is 30, as this is the product of the two uncertainty factors discussed earlier: i.e., intraspecies UF of 10 and interspecies UF of 3.

266. Second, the Calculated MOE for infants under 6 months of age is 5.6. This is derived by dividing the POD of 0.79 mg/kg/day by infant exposure of 0.146 mg/kg/day.

267. The Calculated MOE for infants (5.6) is less than the Benchmark MOE (30), and thus an unacceptable risk is indicated.

268. Unreasonable risks are also indicated for other age groups and segments of the population, including between 1 and 5% of adults of child-bearing age and the elderly.

VIII. RISK DETERMINATION

269. If a risk is identified using the MOE method, EPA may consider other risk-related factors prior to making an unreasonable risk determination under TSCA.

270. Other risk-related factors that EPA has identified as relevant to the risk determination are

1 the population exposed (including any potentially exposed or susceptible subpopulations); the severity of
2 the hazard (including the nature of the hazard, the irreversibility of the hazard); and uncertainties.

3
4 **A. The Population Exposed**

5 271. In its TSCA risk evaluations, EPA has recognized that “the significance of the risk is
6 dependent upon both the hazard (or toxicity) of the chemical substance and the extent of exposure to the
7 substance.” The number of people exposed to a chemical under the condition of use is thus a relevant factor
8 in an unreasonable risk determination.

9
10 272. EPA also considers whether the population exposed is the general public or occupationally-
11 exposed workers, as there are mechanisms available to protect workers from chemical hazards (e.g.,
12 personal protective equipment).

13 273. In its draft risk evaluations under the amended TSCA, EPA has found unreasonable risks
14 for conditions of use involving *thousands* of occupationally-exposed workers.

15 274. The extent of exposure to fluoridation chemicals is orders of magnitude greater than the
16 chemicals EPA has found to pose unreasonable risks.

17
18 275. Approximately 200 *million* people from the general population live in communities where
19 fluoridation chemicals are added to drinking water.

20 276. Exposure to fluoridation chemicals is not limited to people who live in areas where these
21 chemicals are added to the water. As EPA has recognized, “Cooking and preparing foods with water that
22 contains fluoride increases the fluoride content of the food as served. This is true for home-prepared and
23 commercial foods.” People living in non-fluoridated areas are thus exposed to fluoridation chemicals
24 anytime they consume a processed beverage or food (e.g., sodas, juices, alcoholic beverages, etc) made
25 with fluoridated water.
26

27 277. Because of the widespread extent of human exposure to fluoridation chemicals, even a small
28

1 risk of harm can result in millions of people being harmed (e.g., if fluoridation chemicals caused neurotoxic
2 injury in only 1% of consumers, this would represent over 2 *million* people).

3 4 **B. Susceptible Subpopulations**

5 278. In addition to considering the number of people exposed, EPA considers the potential for
6 susceptible subpopulations to be exposed.

7 279. Under TSCA, a susceptible subpopulation is defined as “a group of individuals within the
8 general population identified by the Administrator who, due to either greater susceptibility or greater
9 exposure, *may* be at greater risk than the general population of adverse health effects from exposure to a
10 chemical substance or mixture, such as infants, children, pregnant women, workers, or the elderly.” 15
11 U.S.C. § 2602(12).
12

13 280. EPA has recognized that susceptibility to a chemical may be “intrinsic” (biological, e.g., life
14 stage) or “extrinsic” (acquired, e.g., lifestyle).

15 281. In EPA’s neurotoxicity risk assessments, “a population subgroup is susceptible if exposure
16 occurs during a period of sensitivity.” Life stage is thus an important intrinsic factor for identifying
17 susceptible subpopulations in neurotoxicity risk assessments.
18

19 282. Pregnant women are a susceptible subpopulation to fluoridation chemicals due to the
20 susceptibility of the fetus. The fetus is susceptible because (1) fluoride passes through the placenta, (2)
21 there is no blood brain barrier to prevent the uptake of fluoride into the brain, and (3) the rapidly developing
22 brain is more vulnerable to the effect of neurotoxicants. The susceptibility of the fetal brain to fluoride is
23 further supported by:
24

- 25 - prospective cohort studies that have consistently found associations between prenatal
26 fluoride exposure and neurodevelopmental harm;
- 27 - pathology studies that have found neuroanatomical and neurochemical harm in aborted
28 fetuses from areas of endemic fluorosis; and
- animal studies that have found neuroanatomical, neurochemical, and behavioral alterations,
including cognitive deficits, following prenatal exposure.

1 283. Over 2.5 million pregnant women are estimated to live in fluoridated areas.

2 284. Infancy is another life stage that is susceptible to the neurotoxic effects of fluoride. While
3 breast-fed babies are protected from fluoride (due to its absence in breast milk), bottle-fed babies have *both*
4 an intrinsic *and* extrinsic susceptibility. Bottle-fed infants have an intrinsic susceptibility because they are
5 a *life stage* marked by an incomplete blood brain barrier and rapidly developing nervous system; they have
6 an extrinsic susceptibility because they have a *life style* (i.e., formula-feeding) that results in having the
7 highest fluoride dose, by bodyweight, of all age groups in the population if fluoridated water is used to
8 reconstitute the formula.
9

10 285. Importantly, none of the existing animal studies on fluoride and cognition have assessed the
11 effect of formula-feeding during the early postnatal period. Unlike bottle-fed human infants, rats and mice
12 receive their entire caloric intake during the nursing period from their mother's milk, which has very low
13 levels of fluoride. The available animal studies are thus likely to understate the effect of early-life exposure
14 to fluoride in bottle-fed infants.
15

16 286. Approximately 1 million *exclusively formula-fed* infants are estimated to live in fluoridated
17 areas.
18

19 287. The elderly are another population that are susceptible due to life stage. The EPA has
20 recognized that the elderly are “at particular risk because of the limited ability of the nervous system to
21 regenerate or compensate to neurotoxic insult.” In addition, due to declining kidney function, and release
22 of accumulated fluoride from bone, there is a greater body burden of fluoride during the elderly years. This
23 increased level of circulating fluoride will have greater access to the brain due to age-related increases in
24 the permeability of the blood brain barrier. The susceptibility of the elderly is further supported by (1)
25 animal studies finding brain-changes after long-term fluoride exposure that parallel the changes seen in
26 humans with dementia, and (2) a recent epidemiological study from Scotland which found a significant
27 association between dementia risk and the presence of fluoride in drinking water.
28

1 288. Approximately 50 million elderly individuals are estimated to live in fluoridated areas of
2 the U.S.

3 289. Life stage is not the only intrinsic factor that increases susceptibility to fluoridation
4 chemicals. The EPA has also recognized that kidney disease is an intrinsic factor that increases
5 susceptibility to fluoride by increasing the build-up of fluoride in the body, and that fluoride toxicity is
6 enhanced in the presence of nutrient deficiencies, including calcium and iodine.

7 290. The EPA has also recognized that genetics is an intrinsic factor that may increase a person's
8 susceptibility to fluoride toxicity. Although the EPA has not specifically addressed what role genetics may
9 play with respect to fluoride neurotoxicity, two recent epidemiological studies suggest that fluoride's
10 impact on IQ may be magnified in the presence of genetic differences related to dopamine receptors (e.g.,
11 COMT gene polymorphisms).
12

13 291. The intrinsic factors that increase susceptibility to fluoride can co-exist in the same
14 individual, further increasing the risk. For example, a pregnant mother may have an iodine deficiency; an
15 infant may have a COMT gene polymorphism; and an elderly individual may have kidney disease and a
16 nutrient deficiency.
17

18 292. Due to the widespread scope of water fluoridation in the U.S., large numbers of people with
19 intrinsic and/or extrinsic factors that increase the risk of fluoride toxicity are being exposed.
20

21 **C. Severity of the Hazard**

22 293. The EPA has recognized that even small reductions in population IQ from chemical
23 exposures is a serious health matter that warrants regulatory action to prevent.
24

25 294. Based on a BMD analysis of the ELEMENT and MIREC cohort data, an increase of 0.1 to
26 0.2 mg/L fluoride in a pregnant mother's urine is associated with a 1 point drop in the IQ of the offspring.

27 295. The average MUF in pregnant women living in fluoridated areas is in the range of 0.7 to
28

1 0.87 mg/L, with up to 5% of women having more than 2 mg/L. These concentrations substantially exceed
2 the concentration associated with IQ loss.

3 296. The addition of fluoridation chemicals to drinking water increases MUF by approximately
4 0.4 mg/L, which is a concentration associated with an approximate 2-point drop in the offspring's IQ.

5 297. Economists have devised methods to calculate the societal gains from preventing IQ losses,
6 as higher IQs will, on average, result in higher lifetime incomes. In terms of 2006-dollars, economists have
7 estimated the value of 1 IQ point to be about \$18,000.

8 298. The EPA has recognized that a 1-point drop in IQ results in a loss of lifetime earnings. At a
9 general discount rate of 3%, EPA has estimated that the loss of 1 IQ point reduces lifetime earnings by
10 \$18,686.

11 299. Each year, there are approximately 2.5 million pregnant women living in fluoridated areas.

12 300. The large number of pregnant women living in fluoridated areas, coupled with the high
13 concentrations of MUF documented in these areas, presents the potential of substantial population loss of
14 IQ points.
15

16 301. According to unrebutted calculations by Dr. Philippe Grandjean, the addition of fluoridation
17 chemicals to water results in an approximate loss of 4.5 to 25 million IQ points among children 0 to 5 years
18 of age.
19

20 302. The loss of IQ points associated with fluoridation chemicals is in the range of what has been
21 calculated for known major causes of IQ loss, including preterm births (i.e., 34 million lost IQ points among
22 0 to 5-year-old children) and lead exposure (23 million lost IQ points among 0 to 5-year-old children).
23

24 303. A population-wide loss of IQ on this scale is expected to produce a loss in lifetime earnings
25 on the scale of hundreds of billions of dollars for each cohort of 0-to-5 year old children.
26

27 **D. Reversibility of the Hazard**
28

1 304. Damage to the developing brain can result in permanent harm.

2 305. While the reversibility of fluoride-induced IQ loss has not been specifically addressed in the
3 literature to date, the epidemiological evidence on fluoride and IQ is consistent with the effect being
4 permanent.

5 306. The Bashash 2017 study measured the impact of prenatal fluoride on IQ at age 4 and ages
6 6 to 12. Similar reductions in IQ were observed in both age groups, suggesting that the effect of prenatal
7 fluoride exposure on childhood IQ does not disappear over time.

8 307. Several studies of older populations living in endemic fluorosis areas have found increased
9 rates of cognitive impairment, as well as neurological symptoms such as headaches.

10 308. With respect to the elderly brain, the EPA has acknowledged that it is “at particular risk
11 because of the *limited ability of the nervous system to regenerate* or compensate to neurotoxic insult.”
12

13
14 **E. Uncertainties**

15
16 **E.1 General Considerations:**

17 309. In the ideal world, all risk assessments would be based on a very strong knowledge base
18 (i.e., reliable and complete data on the nature and extent of contamination, fate and transport processes, the
19 magnitude and frequency of human and ecological exposure, and the inherent toxicity of all of the
20 chemicals). However, in real life, information is usually limited on one or more of these key data needed
21 for risk assessment calculations. This means that risk assessors often have to make estimates and use
22 judgment when performing risk calculations, and consequently all risk estimates are uncertain to some
23 degree.
24

25 310. Uncertainties are not uncommon in risk assessment; they are the norm. The National
26 Research Council has stated that uncertainty is “the dominant analytical difficulty” in risk assessment.
27
28

1 311. Every study has its limitations, including prospective cohort studies.

2 312. For a limitation to be meaningful, it should be able to plausibly explain the reported
3 association between a chemical and an effect.

4
5 **E.2 Uncertainties in the Fluoride Database**

6 313. Various limitations exist in the current research base on fluoride neurotoxicity. None of
7 these limitations, however, can plausibly explain the consistent relationship between fluoride and cognitive
8 deficits that have been observed in both animal and epidemiological studies.

9
10 **E.2.a Imprecision in Exposure Estimates**

11 314. The methods used to measure prenatal fluoride exposure in the ELEMENT and MIREC
12 studies will introduce some imprecision into the exposure estimates. For example, the urinary fluoride
13 measurements were based on spot samples, which primarily reflect short-term exposures that may not be
14 representative of a mother's exposure during pregnancy. This limitation is lessened, but not eliminated, by
15 the use of multiple urine samples during pregnancy.

16
17 315. The imprecision in the prenatal exposure methods from the ELEMENT and MIREC cohorts
18 are unlikely to explain the reported associations between prenatal fluoride and adverse neurodevelopmental
19 findings. The imprecision is an example of what epidemiologists call "nondifferential error." Rather than
20 leading to spurious or inflated associations, nondifferential errors tend to bias the results towards the null.
21 Thus, rather than making the studies more likely to find an association, exposure imprecision makes the
22 studies *less likely to find it*.

23
24 316. The NTP's 2019 systematic review concluded that exposure error is not an important source
25 of bias in the available data on fluoride neurotoxicity.

26
27 **E.2.b Failure to Control for All Potential Confounders**

1 317. EPA’s retained epidemiologist, Dr. Ellen Chang, has opined that the consistent statistical
2 association between fluoride and reduced IQ may be the result of inadequate controls of confounding
3 factors.

4 318. To be a confounding factor, the variable (e.g., parental education, socioeconomics, etc) must
5 be associated with the exposure (in this case, fluoride) and the effect (in this case, neurotoxicity).

6 319. In her expert report, Dr. Chang fails to explain which potential confounding factor(s) could
7 explain the consistent association between fluoride and reduced IQ across multiple populations and study
8 designs.

9 320. The NTP Monograph concluded that inadequate control for confounding factors is unlikely
10 to explain the association between fluoride and IQ reduction.
11

12
13 **E.2.c Generalizability of ELEMENT and MIREC studies to the United States**

14 321. Questions have been raised about the generalizability of the ELEMENT and MIREC cohort
15 findings to populations in the United States.
16

17 322. EPA routinely relies upon data on chemical toxicity from other countries to estimate risks
18 from those same chemicals in the United States. For example, the EPA relied on data on methylmercury
19 and neurotoxicity from a cohort in Faroe Islands to establish the reference dose for that chemical.

20 323. In the specific context of fluoride neurotoxicity, EPA and other federal agencies have cited
21 and relied upon a study of IQ in fluoridated areas of New Zealand as supporting the safety of fluoridated
22 water in the US with no analysis to assess the “generalizability” of these findings.
23

24 324. Would the EPA and NIH invest millions of dollars in studies that are not relevant to
25 populations in the U.S.? Whatever the answer to this question is, the scientists who are conducting the
26 ELEMENT and MIREC studies agree that the studies are relevant to populations living in fluoridated areas
27 of the U.S.
28

1 325. Dr. Howard Hu, the principal investigator of the ELEMENT studies, has stated that the
2 findings of his studies “are consistent with and support the conclusion that fluoride is a developmental
3 neurotoxicant at levels of exposure seen in the general population in artificially fluoridated communities.”

4 326. Dr. Bruce Lanphear, the co-principal investigator of the MIEEC studies, has stated that the
5 Canadian findings are applicable to the United States, and that—based on the results—he would
6 recommend that pregnant women not drink fluoridated water. Dr. Lanphear’s opinion is seconded by the
7 editor of *JAMA Pediatrics*, which published the MIREC prenatal study.

8 327. In order to conclude that the ELEMENT and MIREC studies are not generalizable to
9 fluoridated areas of the United States one or both of the following must be true: (1) people in the United
10 States are biologically more resistant to the toxic effects of fluoride than Canadians or Mexicans, (2) the
11 levels of fluoride associated with harm in the Canadian and Mexican are materially higher than the levels
12 of exposure in the U.S. fluoridated areas.

13 328. The EPA has identified no data, or biologic rationale, to suggest that Americans are
14 biologically more resistant to fluoride’s effects than Canadians or Mexicans. If the ELEMENT and MIREC
15 cohort findings are not generalizable to the US, therefore, it must be the result of material differences in
16 exposure.

17 329. EPA has extensive data in its possession on fluoride exposures in the United States. The
18 Agency, however, has not presented any data, nor identified any reason, to suggest that U.S. residents in
19 water-fluoridated areas are exposed to materially less fluoride than their counterparts in water-fluoridated
20 areas of Canada and salt-fluoridated areas of Mexico.

21 330. The available published data support the generalizability of the ELEMENT and MIREC
22 findings to the United States, as will now be discussed.

23 *Generalizability of the Canadian data to the U.S.*

24 331. Urinary fluoride levels are a “good indicator of total daily fluoride intake,” and are generally
25

1 expected to reflect the concentration of fluoride in water.

2 332. Canada and the United States add fluoride to water at the same approximate concentration,
3 i.e., generally 0.6 mg/L in Canada; and generally 0.7 mg/L in the U.S.

4 333. As noted earlier, the urine fluoride concentrations from the MIREC study are very similar
5 to the concentrations recently reported from a cohort in California (i.e., 0.71 mg/L in Canada vs. 0.72
6 mg/L).

7 334. Ideally, there would be nationwide data available for urine fluoride levels in the U.S., as
8 such data would allow for more definitive comparison of fluoride exposures in Canada and the U.S. No
9 such national data is available. As EPA has recognized, however, the existence of data gaps does not excuse
10 the need for a risk assessment, nor preclude a finding of risk.

11 335. The similarity in water fluoride levels between Canada and the U.S., and the similarity in
12 urine fluoride levels in the available datasets, provide a reasonable basis to infer that fluoride exposures in
13 the water-fluoridated areas of the two countries will be generally comparable. Since EPA has failed to
14 identify a reason to meaningfully question this inference, the analysis need not go any further.
15

16 *Generalizability of the Mexican data to the U.S.*

17 336. The study participants in the ELEMENT cohort are exposed to so-called “optimal” levels
18 of fluoride through fluoridation of table salt.

19 337. The purpose of salt fluoridation is to replicate the fluoride doses that are produced through
20 water fluoridation. It is a reasonable *a priori* assumption, therefore, that the daily exposures to fluoride in
21 the ELEMENT cohort will be generally comparable with exposures in water-fluoridated communities. The
22 soundness of this *a priori* assumption is borne out by the data.
23

24 338. As with the MIREC study, the ELEMENT study measured the fluoride concentration in the
25 urine of the mothers and did so using the same laboratory (University of Indiana) and scientist (Dr.
26 Martinez-Mier).
27

1 339. Dr. Martinez-Mier measured urine-fluoride in the ELEMENT cohort by adjusting for
2 *creatinine*, rather than specific gravity. This resulted in an average concentration of **0.90 mg/L** in the 299
3 mothers described in 2017, and **0.85 mg/L** in the 213 mothers described in the subsequent study. These
4 average concentrations are effectively the same as what Dr. Martinez-Mier found when she used the
5 creatinine method for the MIREC cohort. As documented in the 2018 article, the creatinine-adjusted urine-
6 fluoride concentration in the MIREC cohort was **0.87 mg/L**.

7 340. While use of the creatinine-adjustment method in the ELEMENT studies precludes direct
8 comparison with the urine-fluoride data from the recent Californian study, there is an important comparison
9 point between these studies which further confirms the generalizability of the ELEMENT findings to the
10 U.S. Specifically, in both the ELEMENT and California cohorts, Dr. Martinez-Mier measured fluoride
11 concentrations in the blood of the pregnant women, and the average results were essentially identical
12 between the two populations: 0.022 mg/L in the ELEMENT cohort and 0.021 in the California study.

13 341. The data generated by the MIREC, ELEMENT, and California studies are consistent in
14 showing similar internal fluoride concentrations across the populations.

15 342. EPA points out that it is difficult to quantify fluoride intake (i.e., external dose) on the basis
16 of urinary fluoride concentrations (i.e., internal, absorbed dose). By extension, EPA contends that one
17 cannot use urinary fluoride data from Canada, Mexico and the U.S. to compare total fluoride intake across
18 these populations. But, even if true, Dr. Hu has appropriately explained that it is the internal, absorbed
19 dose (which is reflected by the urine fluoride content) that is more important to predicting toxicity, not
20 external exposure. Thus, urine fluoride is the more appropriate metric to use when generalizing the results
21 of the ELEMENT and MIREC studies to the U.S.
22
23
24

25 **E.2.d Lack of Definitive Proof of Causation at 0.7 mg/L**

26 343. EPA's retained epidemiologist, Dr. Ellen Chang from Exponent, has concluded that the
27
28

1 epidemiological evidence is not yet sufficient to establish fluoride at 0.7 mg/L as a “known” cause of
2 neurotoxicity.

3 344. Dr. Chang has reached similar conclusions regarding other chemical-related health concerns
4 using similar methods as she has applied in this case. Dr. Chang is careful to point out, however, that her
5 conclusion of “insufficient evidence” of being a “known” cause of an effect is not inconsistent with the
6 chemical being a “presumed” cause under the standards used by the NTP.

7 345. EPA has conceded that it “does not require that human exposure levels exceed a known
8 adverse effect level to make an unreasonable risk determination under TSCA.” EPA bases its unreasonable
9 risk determinations on whether human exposures are unacceptably close to the estimated adverse effect
10 levels.
11

12 346. The material question for this risk determination, therefore, is not whether there is
13 conclusive proof of causation at 0.7 mg/L, but whether 0.7 mg/L is unacceptably close to the danger level.
14 Neither Dr. Chang, nor Dr. Tsuji, attempted to answer this question.

15 347. According to the NTP’s draft monograph, the evidence is sufficiently clear to reliably
16 presume that 1.5 mg/L fluoride causes neurotoxic effects, including IQ loss.
17

18 348. Based on NTP’s conclusion, the margin between the *concentration* of fluoride that is
19 presumed to *cause* IQ loss (i.e., an adverse effect level) is only two times greater than the *concentration* of
20 fluoride added to water. For purposes of risk assessment, this is an unreasonably narrow margin because it
21 is EPA’s longstanding risk assessment policy to apply an intraspecies uncertainty factor of 10 to account
22 for differences in susceptibility across the human population, unless there is convincing chemical-specific
23 data that supports a lower adjustment.
24

25 349. Moreover, even if no uncertainty factors were applied, EPA water consumption data
26 demonstrates that some individuals living in areas with 0.7 mg/L fluoride will ingest more fluoride from
27 water than individuals living in areas with 1.5 mg/L.
28

1
2 **E.3 Absence of Systematic Review**

3 350. EPA contends that Plaintiffs' expert conclusions on risk are not credible because they are
4 not the product of a formal systematic review. This contention is unpersuasive for the following reasons:

5 351. Up until the past 5 to 10 years, EPA did not use a systematic review protocol for its risk
6 assessments. To find, therefore, that a risk assessment is not credible if it does not use a systematic review
7 would call into question the credibility of most of EPA's own risk assessments, which are the scientific
8 basis of numerous environmental regulations in this country.

9
10 352. EPA's experts on fluoridation's benefits in this case (Dr. Charlotte Lewis and Dr. Gary
11 Slade) did not conduct systematic reviews, but instead performed narrative reviews of the scientific
12 literature using a weight of the evidence analysis. The Court presumes that EPA would not offer an expert
13 opinion in federal court unless the Agency deemed the opinion to be scientifically credible.

14
15 353. EPA's experts, Dr. Chang and Dr. Tsuji, conducted systematic reviews of both the
16 epidemiological and animal literature for this case, and did not identify any studies that were omitted by
17 Plaintiffs' experts which would materially alter the conclusions.

18 354. Plaintiffs' epidemiologist, Dr. Grandjean, derived his BMD estimates from the ELEMENT
19 and MIREC studies, which EPA and its experts both agree are the most methodologically reliable studies
20 on fluoride neurotoxicity.

21
22 355. According to the Deputy Director of EPA's Office of Pollution Prevention and Toxics, Dr.
23 Tala Henry, a risk assessment conducted pursuant to the *Guidelines* is "effectively" a systematic review.

24 356. Plaintiffs' risk assessment, Dr. Kathleen Thiessen, conducted a risk assessment pursuant to
25 the *Guidelines*.

26
27 **F. Benefits**

1 [As set forth in Plaintiffs' Motion in Limine No. 1, Plaintiffs contend that benefits are a "nonrisk
2 factor" that the statute prohibits from considering as part of the unreasonable risk determination. To the
3 extent, however, that the Court disagrees, Plaintiffs have set forth here some of the facts that the evidence
4 will establish.]

5 357. Fluoridation chemicals are added to water for the purpose of preventing tooth decay (i.e.,
6 caries).

7 358. Tooth decay rates in the United States substantially decreased in the second half of the
8 twentieth century. This "caries decline" is commonly attributed to the introduction of water fluoridation.
9 However, similar (and often greater) caries declines occurred throughout Europe during the same time
10 period, despite the latter's rejection of fluoridation.

11 359. When fluoridation first began in the 1940s, the public health community believed that
12 fluoride's predominant benefits came from *ingestion* prior to the eruption of teeth.

13 360. Today, the CDC recognizes that fluoride's predominant benefit comes from *topical* contact
14 with the teeth after eruption, not from swallowing it.

15 361. As recognized by the CDC, fluoridation chemicals provide no known dental benefits during
16 the *in utero* and *neonatal* stages of life (i.e., the stages of life prior to tooth eruption). These life stages are
17 the same life stages that appear to be at greatest risk of fluoride neurotoxicity. For these susceptible
18 populations, therefore, there is *no known benefit, only risk*.

19 362. The EPA and National Academy of Sciences (NAS) accept that fluoride is not an essential
20 nutrient. There is thus no physiological *need* for *any age group* to *swallow* fluoride.

21 363. Swallowing fluoride is inevitable when it is added to the drinking water.

22 364. The Iowa Fluoride Study (IFS) is the only prospective cohort study to investigate the
23 relationship between total daily fluoride *ingestion* during childhood and the development of caries. The
24 IFS study was funded by the NIH.
25
26
27
28

1 365. The IFS data shows that total daily fluoride ingestion from birth through six years of age
2 causes dental fluorosis but does not protect against caries.

3 366. Randomized Controlled Trials (RCTs) are the gold standard study design for determining
4 the benefits and safety of health care interventions. There are no RCTs on water fluoridation.

5 367. Blinding of examiners is an important study method, the absence of which has been found
6 to spuriously inflate the benefit of health care interventions. There have been very few blinded studies on
7 water fluoridation.

8 368. The absence of randomization procedures and blinding in fluoridation studies can plausibly
9 explain a substantial portion of the reported associations with reduced caries.

10 369. The Cochrane Collaboration is a leading international authority regarding systematic
11 reviews of health care interventions.

12 370. In 2015, the Cochrane Collaboration published a systematic review on the effectiveness of
13 water fluoridation in preventing caries. The review concluded that:
14

- 15 - While the available studies do indicate a dental health benefit, the data come predominantly from
- 16 low-quality studies conducted prior to the widespread use of fluoride toothpaste.
- 17 - There is very little contemporary evidence, meeting the review's inclusion criteria, that has
- 18 evaluated the effectiveness of water fluoridation for the prevention of caries.
- 19 - There is insufficient information to determine the effect on caries levels of stopping water
- 20 fluoridation programs.
- 21 - There is insufficient evidence to determine whether water fluoridation results in a change in
- 22 disparities in caries levels across socioeconomic groups.
- 23 - There is no evidence meeting the review's inclusion criteria to demonstrate the effectiveness of
- 24 water fluoridation for preventing caries in adults.
- 25 - There is a significant association between dental fluorosis (of aesthetic concern or all levels of
- 26 dental fluorosis) and fluoride level.

27 **IX. STANDING**

28 371. Plaintiff Food & Water Watch (FWW) is a nonprofit membership organization that
champions healthy food and clean water for all.

372. A “core” part of FWW’s mission is “the belief that clean, safe water for drinking and

1 recreational uses is a fundamental right that should be afforded to all people.” FWW thus advocates for
2 more government responsibility in protecting drinking water resources, and engages in legal efforts to
3 oppose regulatory action/inaction that threatens the safety of drinking water.

4 373. Some of FWW’s 70,000 members “expend substantial sums of money and endure
5 substantial inconvenience in order to protect themselves and their families from the risks of neurological
6 harm posed by fluoridation chemicals in food and water.”

7 374. The concern about neurological risks expressed by some FWW members is based, in part,
8 on neurological ailments they, or their children, have suffered from drinking fluoridated water.

9 375. Julie Simms is one of the FWW members that has suffered neurological ailments from
10 fluoridation chemicals. As described in her declaration, Ms. Simms had suffered from daily headaches and
11 frequent debilitating migraines for the better part of 20 years until, at a friend’s suggestion, she stopped
12 drinking fluoridated water.
13

14 376. In 2013, at the advice of a friend, Ms. Simms stopped drinking fluoridated water. After three
15 days of drinking low-fluoride water, Ms. Simms experienced a notable improvement in the symptoms of
16 her daily headaches, and within 3 weeks, they had had completely cleared. Ms. Simms also experienced an
17 improvement in both the frequency and symptomology of her migraines.
18

19 377. Ms. Simms’ recovery following her cessation of exposure to fluoridated water is discussed
20 in her medical records. Her doctor, Dr. Lisa Davison, agreed that fluoride was a likely trigger of her
21 headaches.
22

23 378. Ms. Simms has maintained a strict regimen since 2013 to limit her exposure to fluoride in
24 both drinking water and processed beverages. It has now been about 6 years since she began this regimen,
25 and her daily headaches have not returned.

26 379. The medications listed in Dr. Davison’s April 2016 medical notes confirm that she is no
27 longer taking medications for this once intractable problem.
28

1 380. According to the National Research Council, “[t]here are numerous reports of mental and
2 physiological changes after exposure to fluoride from various routes (air, food, and water) and for various
3 time periods.”

4 381. The NRC notes that several of the case reports can be characterized as “experimental
5 studies,” since they involved “individuals who underwent withdrawal from their source of fluoride
6 exposure and subsequent re-exposures under ‘blind’ conditions. In most cases, the symptoms disappeared
7 with the elimination of exposure to fluoride and returned when exposure was reinstated.”

8 382. The NRC’s summary of the literature provides some support for Ms. Simms’s concerns that
9 fluoridated water was a cause or contributing factor to her headaches. This is particularly so when
10 considering that previously unexplained improvements in Ms. Simms’s symptoms during the 1990s appear
11 to correlate with the periods of time in which she was residing in non-fluoridated areas. As with the case
12 reports described by the NRC, Ms. Simms underwent withdrawal from her source of fluoride exposure
13 under blind conditions (in which the symptoms improved), and had subsequent re-exposures under blind
14 conditions (in which the symptoms worsened). As explained by the NRC, this adds confidence to the causal
15 nature of the relationship.
16
17

18 383. Subsequent to the NRC’s report, an epidemiological study found a significant association
19 between elevated fluoride in drinking water and the occurrence of headaches. Fluoride has also been linked
20 to headaches in several case reports, including in some of the reports cited by the NRC.

21 384. Avoiding fluoridation chemicals has been a taxing endeavor for Ms. Simms, as it has
22 required her to spend “considerable sums of money” and has also interfered with her ability to enjoy things
23 that others may take for granted, like drinking water from her sink, and travelling to other places without
24 having to worry about whether the food or water will make her sick.
25

26 385. Plaintiff Audrey Adams is another FWW member who has been impacted by the
27 neurological effects of fluoridation chemicals. Ms. Adams’s autistic son, Plaintiff Kyle Adams, has
28

1 experienced various adverse symptoms, including headaches, when exposed to fluoridated water. Mrs.
2 Adams has been advised by both of Kyle's treating doctors to avoid exposing Kyle to fluoride, including
3 in water.

4 386. Mrs. Adams has spent considerable sums of money to minimize Kyle's exposure to
5 fluoridation chemicals contained in the tap water in their home, and other communities in their area.

6 387. Plaintiff Kristin Lavelle is a health professional at San Francisco General Hospital/San
7 Francisco Department of Public Health who first became concerned about the risks of fluoridation
8 chemicals after reading a review by an EPA scientist explaining his concerns about the health effects of
9 fluoridation chemicals.
10

11 388. One of Ms. Lavelle's primary health concerns with fluoride exposure is the potential risk of
12 dementia, as she has seen first hand the devastating effects of Alzheimer's, as her grandfather suffered from
13 it at the end of his life, and her aunt and father-in-law are both currently suffering from it as well.

14 389. Ms. Lavelle's concern about the dementia risk was heightened upon reading the NRC's
15 2006 review, as it reported that the brain changes seen in fluoride-treated animals "parallel the changes
16 seen in humans with dementia" and called for studies to investigate fluoride's relationship to dementia in
17 humans.
18

19 390. Ms. Lavelle was also concerned to read in the NRC report that the half-life of fluoride in
20 human bone is approximately 20 years, and that the fluoride stored in bone begins to be released back into
21 our bloodstream at increasing rates after menopause.

22 391. According to Ms. Lavelle, the "increased circulation of fluoride in our blood later in life
23 concerns me in light of the NRC's concerns about fluoride's potential link with dementia, and the studies
24 linking fluoride to cognitive decline in late-life years."
25

26 392. Based on these, and other health concerns, Ms. Lavelle has spent considerable sums of
27 money to protect herself and her family from fluoridation chemicals, including purchasing water filters and
28

1 bottled water. However, Ms. Lavelle recognizes that she cannot fully eliminate her exposure to fluoridated
2 water because “many processed beverages and foods are made with” it, yet there are no labels to indicate
3 the fluoride content on any given product.

4 393. Plaintiff Brenda Staudenmaier is a water treatment professional who has taken steps to
5 minimize her family’s exposure to fluoridation chemicals due to the health concerns reported in the
6 scientific literature.

7 394. Due to limited financial resources, Ms. Staudenmaier is not able to fully eliminate her
8 exposure, and continues to consume processed beverages and foods. As a result, urinary fluoride tests show
9 that Ms. Staudenmaier’s urinary fluoride levels are sometimes as high as 1 mg/L.
10

11 395. Ms. Staudenmaier will continue spending money to minimize her exposure to fluoridation
12 chemicals until fluoridation chemicals are removed from the water.

13 396. Jessica Trader is a member of Food & Water Watch who lives in San Francisco, which
14 fluoridates its water.

15 397. Ms. Trader was diagnosed with dental fluorosis, which is a disorder of tooth enamel caused
16 by too much fluoride. This condition has caused visible dark staining on Ms. Trader’s front teeth.
17

18 398. The staining of Ms. Trader’s front teeth has caused her social anxiety and embarrassment,
19 as she fears that people will find her unattractive, or neglectful of her hygiene.

20 399. Ms. Trader’s diagnosis of fluorosis has caused her concern about what additional fluoride
21 exposures may do her health. Ms. Trader thus spends money purchasing spring water, and has purchased a
22 professional water filtration system at her business, to minimize her exposure to the fluoridation chemicals
23 that are added to San Francisco’s water supply.
24

25
26 **X. LEGISLATIVE HISTORY**

27 400. When the Toxic Substances Control Act (TSCA) was enacted in 1976, Congress described
28

1 it as “protective legislation” whose “overriding purpose” is “to provide protection of health and the
2 environment through authorities which are designed to prevent harm.”

3 401. Congress stated that “factual certainty respecting the existence of an unreasonable risk of a
4 particular harm may not be possible and the bill does not require it.” Congress recognized that “uncertainty
5 is particularly likely to occur when dealing with the long term or chronic effects of a substance or mixture.”

6 402. According to the House Report, the demonstration of risk “must be based not only on
7 consideration of facts but also on consideration of scientific theories, projections of trends from currently
8 available data, modeling using reasonable assumptions, and extrapolations from limited data.” Consistent
9 with this, Congress envisioned regulatory action being taken under TSCA “even though there are
10 uncertainties as to the threshold levels of causation.”
11

12 PROPOSED CONCLUSIONS OF LAW

13 14 XI. STANDING

15 16 A. Zone of Interests

17 403. By allowing “any person” to bring a Section 21 citizen petition, Congress granted standing
18 to the outer limits of Article III. *See Friends of the Earth, Inc. v. Gaston Copper Recycling Corp.*, 204 F.3d
19 149, 155 (4th Cir. 2000). Thus, as with citizen suits under the Clean Water Act, if a Section 21 plaintiff
20 under TWCA “meets the constitutional requirements for standing, then he *ipso facto* satisfies the statutory
21 threshold as well.” *Id.*
22

23 24 B. Injury in Fact

25 404. An injury-in-fact for purposes of Article III “need not be capable of sustaining a valid cause
26 of action under applicable tort law.” *Denney v. Deutsche Bank AG*, 443 F.3d 253, 264–65 (2d Cir. 2006).
27 This is especially so where, as here, the statute is designed to *prevent* harm *before* it occurs. *Baur v.*
28

1 Veneman, 352 F.3d 625, 633 (2nd Cir. 2003) (“[W]here the very purpose of the regulatory statute is risk
2 minimization, it should be presumed that plaintiffs ‘should be allowed to bring suit to prevent the sorts of
3 injuries that the regulatory scheme was designed to prevent ... to ensure that the agencies adhere to the will
4 of Congress.” (citation omitted)). An injury-in-fact in Section 21 suits, therefore, may be established by
5 evidence of a reasonable concern that the challenged policy puts the plaintiff at increased *risk* of harm.
6 *Central Delta Water Agency v. United States*, 306 F.3d 938, 949 (9th Cir. 2002). As evident by the Ninth
7 Circuit’s decision in *Hall v. Norton*, 266 F.3d 969, 976 (9th Cir. 2001), an injury-in-fact does not require
8 expert testimony to corroborate the plaintiff’s individual concerns.
9

10 405. The standing declarants Julie Simms and Kyle Adams have at least a reasonable basis for
11 thinking their health may be jeopardized by fluoridation chemicals. The ongoing economic injury they have
12 sustained to minimize their exposure to fluoridation chemicals is thus a cognizable injury under *Monsanto*
13 *Co. v. Geertson Seed Farms*, 561 U.S. 139, 153-154 (2010).

14 406. In the case of Ms. Simms, she suffered from daily headaches for the better part of 20 years
15 until she stopped drinking fluoridated water, at which point she experienced a notable improvement with
16 three days and a complete recovery within 3 weeks. In addition, the National Research Council has
17 identified credible case reports in the medical literature of some individuals having similar sensitivities to
18 fluoride as Ms. Simms appears to have, and a recent epidemiological study found a significant correlation
19 between fluoride in water and headaches in adults. Based on her improvement, Ms. Simms’s doctor agreed
20 that fluoride was a likely trigger of her symptoms.
21

22 407. While Ms. Simms may not have clear medical proof of harm under the standards required
23 in personal injury actions, she does have reasonable grounds for concern. For purposes of standing, this is
24 enough.
25

26 408. A similar conclusion applies to Mr. Adams, whose two doctors have identified him as
27 having a fluoride sensitivity in which headaches are one of the symptoms of exposure. The fact that Mr.
28

1 Adams's doctors have expressed concern about the impact of fluoride on his health makes his concern, as
2 a lay person, a reasonable one.

3 409. All of the individual standing declarants, including Ms. Lavelle and Ms. Staudenmaier, have
4 an actual or imminent injury-in-fact under the precedent set forth in *Natural Resources Defense Council v.*
5 *United States Env'tl. Prot. Agency*, 735 F.3d 873, 878-79 (9th Cir. 2013) (hereafter, "NRDC"). Here, as in
6 NRDC, a risk of harm to Plaintiffs is indicated by application of EPA's "Margin of Exposure" methodology.
7 Further, as in NRDC, there is no effective way for Plaintiffs to avoid exposure to the chemical at issue,
8 because countless processed foods and beverages are made with fluoridated drinking water, but there are
9 no labels to indicate the fluoride content of either. Thus, as with the plaintiffs in NRDC, there is a "credible
10 threat" that Plaintiffs will be exposed to chemicals that pose a risk under a Margin of Exposure analysis.
11 Under NRDC, this is sufficient for standing.
12

13 410. As in *Baur v. Veneman*, 352 F.3d 625, 637 (2nd Cir. 2003), there are "two critical factors
14 that weigh in favor of concluding that standing exists in this case."

15 411. First, "government studies and statements confirm" several of Plaintiffs' key allegations
16 regarding the neurotoxic risks posed by fluoride ingestion, and the alleged risk of harm arises from an
17 established government policy. With respect to the first factor, (A) the National Research Council's report,
18 which was conducted at the request of EPA, concluded that neurotoxicity is a hazard of fluoride in animals,
19 and that there is a basis for concern that fluoride could be a cause dementia in humans; (B) the National
20 Toxicology Program issued a draft systematic review in October 2019 wherein NTP announced its
21 conclusion that fluoride is a presumed neurotoxicant in human beings; and (C) the National Institutes of
22 Health have been funding studies to examine the neurotoxic effects of low-level fluoride exposure in North
23 American populations.
24

25 412. Second, it is undisputed that EPA has the authority under TSCA to prohibit or restrict the
26 addition of fluoridation chemicals to drinking water, and thus Plaintiffs' risk arises directly out of EPA's
27
28

1 failure to exercise its authority. *See Lujan v. Defs. of Wildlife*, 504 U.S. 555, 561–62 (1992) (stating that
2 the challenged policy for purposes of standing can be either government “action” and “inaction”).

3 413. Plaintiffs have suffered an injury-in-fact under *New York Pub. Interest Research Grp. v.*
4 *Whitman*, 321 F.3d 316, 325–26 (2d Cir. 2003). There, plaintiffs suffered economic injury trying to protect
5 themselves from the potential health effects of air pollution. Despite the fact that there was “uncertainty”
6 as to whether plaintiffs were being exposed, let alone harmed, by the air pollutants, the court held that
7 uncertainty about the potential for harm does not negate standing, as people may reasonably seek to protect
8 themselves even where the risk is uncertain. *Id.* A similar reasoning applies here as well. In other words,
9 it need not be proven that fluoridation chemicals increase the Plaintiffs’ risk of harm; the fact that there is
10 credible uncertainty as to the potential for fluoridation to cause neurological harm, including dementia, is
11 sufficient to establish injury-in-fact for Article III.
12

13 414. Plaintiffs have suffered an injury-in-fact based on the loss of enjoyment of their environment
14 and their property under the precedents of *Friends of the Earth, Inc. v. Laidlaw Envtl. Servs. (TOC), Inc.*,
15 528 U.S. 167, 181-84 (2000), *Covington v. Jefferson County*, 358 F.3d 626, 641 (9th Cir. 2004), and
16 *Gaston*, 204 F.3d 149, 155 (4th Cir. 2000). In these cases, the plaintiffs suffered an injury-in fact based on
17 their concerns about the potential (yet unproven) effects of chemical contaminants in nearby waterways
18 and adjacent properties which caused them, *inter alia*, to stop fishing or swimming. Here, the Plaintiffs
19 express similar concerns, albeit here the chemicals are directly entering their homes via their tap water, and
20 are causing Plaintiffs to avoid drinking, or bathing in, the water in their own homes. As explained by the
21 Fourth Circuit in *Gaston*, no federal circuit has “required additional scientific proof where there was a
22 direct nexus between the claimant and the area of environmental impairment.” *Gaston*, 204 F.3d at 159.
23 The Court will thus not require such additional proof here; the Plaintiffs therefore have an injury-in-fact
24 under the precedents of *Friends of the Earth*, *Covington*, and *Gaston*.
25
26

27 415. Finally, it is no consequence that the injury-in-fact that Plaintiffs suffered is shared by many
28

1 people in the population. The Supreme Court has “already made it clear that standing is not to be denied
2 simply because many people suffer the same injury.” *United States v. Students Challenging Regulatory*
3 *Agency Procedures (SCRAP)*, 412 U.S. 669, 687 (1973). Indeed, “[t]o deny standing to persons who are in
4 fact injured simply because many others are also injured, would mean that the most injurious and
5 widespread Government actions could be questioned by nobody. *Id.* at 688.

6 7 **C. Causation**

8 416. Causation is established for purposes of standing because it is undisputed that EPA has the
9 authority under TSCA to prohibit or limit the addition of fluoridation chemicals to drinking water. Thus,
10 Plaintiffs exposure to fluoridation chemicals in drinking water (and the many processed beverages and
11 foods made therefrom) is the direct result of EPA’s *inaction*. See *Lujan v. Defs. of Wildlife*, 504 U.S. 555,
12 561–62 (1992) (stating that the challenged policy for purposes of standing can be either government
13 “action” and “inaction”).
14

15 16 **D. Redressability**

17 417. Redressability is established because, if the Court finds in Plaintiffs’ favor, the Court must
18 order EPA to initiate a rulemaking proceeding to eliminate the unreasonable risk posed by fluoridation
19 chemicals in drinking water. While there is no guarantee that EPA’s rulemaking proceeding will result in
20 the outcome that Plaintiffs desire, this does not negate the redressability prong for standing, as evident by
21 the Tenth Circuit’s decision in *Catron County Bd. Of Com’rs, New Mexico v. United States Fish & Wildlife*
22 *Service*, 75 F.3d 1429, 1433 (10th Cir. 1996).
23
24

25 **XII. UNREASONABLE RISK**

26 418. Plaintiffs satisfy their burden of providing an unreasonable risk under Section 21 of TSCA
27 if they can prove by a preponderance of the evidence that an unreasonable risk exists for a single susceptible
28

1 subpopulation. It is not necessary for Plaintiffs to prove a risk for the entire population.

2 419. The quantum of proof necessary to demonstrate an unreasonable risk under TSCA is
3 informed by the statute's "overriding purpose" of preventing harm before it occurs. In order to effectuate
4 this purpose, a demonstration of unreasonable risk does not require conclusive proof of actual harm.¹

5 420. A court's *de novo* determination of unreasonable *risk* under Section 21 is appropriately
6 guided (although not mandatorily so) by the methods and principles of *risk* assessment, including
7 NRC/EPA's four-step paradigm of hazard assessment, dose-response assessment, exposure assessment,
8 and risk characterization.

9
10 421. In addition to being guided by methods and principles of risk assessment, a court's *de novo*
11 determination of unreasonable risk under Section 21 is appropriately guided (although not mandatorily so)
12 by the risk-related factors that EPA itself considers in making risk determinations under Section 6(b),
13 including: number of people exposed; types of populations exposed (e.g., occupational vs. general public,
14 susceptible subpopulations, etc.); severity of the hazard; reversibility of the hazard, and uncertainties.

15 422. Although EPA has imposed a formal systematic review requirement on its risk evaluations
16 under Section 6(b), this requirement does not bind a court in a *de novo* Section 21 action. While a court
17 may appropriately consider the existence of a systematic review as a factor affecting the weight to be
18 afforded to any given expert opinion, a plaintiffs' entitlement to relief does not require that such a review
19 be conducted.
20

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22
23 ¹ House Report at 32 ("[F]actual certainty respecting the existence of an unreasonable risk of a particular
24 harm may not be possible and the bill does not require it."); *Ethyl Corp. v. U.S. E.P.A.*, 541 F.2d 1, 12 &
25 25 (D.C. 1976) (en banc) (rejecting contention that proof of a "significant risk" under the Clean Air Act
26 requires "factual proof of actual harm" and explaining that "awaiting certainty will often allow for only
27 reactive, not preventive, regulation"); John S. Applegate, *The Perils of Unreasonable Risk: Information,
28 Regulatory Policy, and Toxic Substances Control*, 91 COLUM. L. REV. 261, 273 (1991) (describing
TSCA's unreasonable risk standard as "a regulation of risk instead of actual harm"); see also *Ethyl Corp.*,
541 F.2d 1, 12 (D.C. 1976) (en banc) (rejecting contention that proof of a "significant risk" requires "factual
proof of actual harm"); *id.* at 273 ("Risk is an expression of uncertainty; it is easier to prove than actual
harm. Regulation based on risk permits regulatory action based on *ex ante* collective danger rather than *ex
post* individual injury, and also operates preventatively to avert injury to the public as a whole.").

1 423. Even if a systematic review *were* required for a court to make a *de novo* unreasonable risk
2 determination under Section 21, that requirement has been satisfied in this case. First, Plaintiffs' risk
3 assessment expert conducted a risk assessment pursuant to the *Guidelines for Neurotoxicity Risk*
4 *Assessment*, which EPA's own expert has admitted is "effectively" the equivalent of a systematic review.
5 Second, EPA's experts have conducted systematic reviews of both the human and animal literature, as has
6 the National Toxicology Program. The Court's determination will thus be fully informed by the findings
7 of systematic reviews. Third, EPA's experts have testified that their systematic reviews failed to identify
8 any studies that materially challenge the results of Plaintiffs' experts' conclusions. Fourth, all parties agree
9 that the ELEMENT and MIREC cohort studies are the best available studies on fluoride neurotoxicity, and
10 these are the studies upon which Plaintiffs' epidemiologist, Dr. Philippe Grandjean, based his estimates of
11 risk.
12

13 424. The determination of unreasonable risk under TSCA *must* be made "without consideration
14 of costs or other nonrisk factors." Based on the plain language, structure, and purpose of TSCA, nonrisk
15 factors include a chemical's benefits. Accordingly, since the caries-prevention properties of fluoridation
16 chemicals are clearly a form of benefit, they are a "nonrisk factor" that cannot be considered as part of a
17 court's determination of unreasonable risk under TSCA.
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19 425. Plaintiffs have proved by a preponderance of the evidence that (1) neurotoxicity is a hazard
20 of fluoride exposure, (2) there is a risk of this hazard occurring from the addition of fluoridation chemicals
21 to drinking water, and (3) this risk is an unreasonable one when judged according to the relevant risk-
22 related considerations. Accordingly, Plaintiffs have met their burden of proving an unreasonable risk under
23 the Act.
24

25 December 19, 2019

Respectfully submitted,

26 /s/ Michael Connett
27 MICHAEL CONNETT
28 Attorney for Plaintiffs

CERTIFICATE OF SERVICE

I hereby certify that a true and correct copy of the foregoing was served by Notice of Electronic Filing this 19th day of December, 2019, upon all ECF registered counsel of record using the Court's CM/ECF system.

/s/ Michael Connett
MICHAEL CONNETT

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